

## OUR AGENDA:

- ☞ 9:00 - Light the chalice, play the chime
- ☞ Read the Covenant
- ☞ Designated individual shares a poem, song, or reading
- ☞ Brief saying of our names and check-in. Each individual states their name, and if they wish, say something about "What is going on with me". Others in the group engage in active listening.
- ☞ Group members may choose to discuss any issue that happened within the group
- ☞ 9:15 - Program lead by group member
- ☞ 10:40 - Next meeting's agenda - Who will be responsible for each part of the meeting?
- ☞ 10:50 - close - Join hands, sing song, extinguish chalice



"Each of us brings a separate truth here,

We bring the truth of our own life, our own story.

We don't come as empty vessels,

But rather we come as full people - people who have our own story

And our own truth. We seek to add to our truths and add to our stories.

All manner of people are here: needy...joyful...frightened... anxious...bored...

We all bring our truth with us. May we all recognize the truth and the story in everyone's life.

And may we hear and honor the truths that we all bring as we gather together..

Together we have truths.

Together we have a story.

Together we have a community."

...Penny Hackett-Evans

## Affirming Women Group



All Women Are Welcome

First Saturday  
Of the Month  
9-11 a.m.

**WHAT:**

An intergenerational group of women who choose to share life's journey with each other.

**WHEN:**

We meet the 1st Saturday of every month from 9-11am  
*We may also be meeting other times during the month as we take turns leading group activities.*

**WHY:**

To get to know each other,  
support each other,  
cook sumptuous foods together,  
explore spirituality, rituals,  
move our bodies,  
share favorite books, music, recipes,  
go to the theater, a movie,  
visit a hot tub, sauna, swimming pool,  
go for walks, build a fire,  
make up stories,  
walk a labyrinth  
laugh,  
create,

**CELEBRATE!**

Please call the church office with any questions. 207-985-3700



**How We Choose  
to  
Be Together...**

We, the members of the Affirming Women Group of the First Parish Unitarian Universalist Church covenant together to conduct our meetings according to these principles:

All women are welcome.

We read this covenant at every meeting so all will know it.

Attend as you wish.

Share as you wish.

Support each other always.

Withhold advice.

Foster everyone's safety while you remember risks are risks. If something here bothers you, bring it up now. Respect confidentiality.

Eschew assumption and judgment.

Speak for and about yourself.

Honor the discomfort or injury of others.

No news, no politics except for sharing feelings or experiences.

We share the leadership of this group.

We plan to meet the first Saturday of every month from 9 to 11 am, but we may do more.

If you want to know something about our group, please ask.

We may change or suspend our covenant after discussion and consensus.

