



# *First Parish Voices*

**Online Worship Services**

**Sunday, April 18th, at 10:30 AM**

**Earth Day 2021: Pathways to Healing & Regeneration**

**Rev. Lara Campbell**

**[www.uukennebunk.org](http://www.uukennebunk.org)**

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# Weekly Updates

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## "Our UU Principles"

Our 3rd UU principle, after "the inherent worth and dignity of every person" and "justice, equity and compassion in human relations" is "Acceptance of one another and encouragement to spiritual growth in our congregations". Let's all find time this week to have, after a caring greeting, a spiritual conversation with another person in our community. Submitted by Kathe Wright

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## AUCTION NEWS

This is it! We open the auction this Saturday from 10-1 on the church lawn. We have close to 100 really great items. We need:

1. Volunteers to help set up at 9:00 Saturday AM
2. Volunteers to help take down at 1:00 Saturday PM
3. Cookie Bakers who bring a batch of cookies by 9:00 AM Sat.
4. 10 more card tables left in the hearse house with your name on it.

Notify [marylyn.wentworth@tnsk.org](mailto:marylyn.wentworth@tnsk.org) if you can do any of the above.

Check out the auction at <https://www.charityauctionstoday.com/auctions/UU-Kennebunk-2021-Auction-22454>

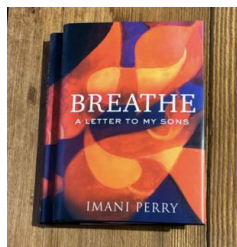
**COME TO THE GRAND OPENING AND SEE YOUR FRIENDS - MASKS AND DISTANCING REQUIRED**

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## Interested in Racial Justice and Current Events?

**You may want to consider the 2020-2021 UUA Common Read!**

[Breathe: A Letter to My Sons by Imani Perry](#) [The 2020-21 UUA Common Read is \*Breathe: A Letter to My Sons\* by Imani Perry.](#)



*Breathe* reflects on race, racism, and the hope that one's child will be wholly known and valued by society. It is "an unforgettable lesson in Black resistance and resilience." The *New York Times* calls *Breathe* "an elixir of history, ancestry and compassion, which, together, become instruction...a parent's unflinching demand, born of inherited trauma and love, for her children's right simply to be possible." A free discussion guide will be published late fall 2020. To order the book, go to In Spirit.

## Summer Online Worship Leaders Needed

Do you have a something you'd love to share with the Church community? There are still several opportunities in the summer Sunday schedule for you to share your story, your spiritual journey or your message in the form of a Sunday Morning (9:30 am) Worship Service.

If you have never done this, or are not sure about doing it on zoom, have no fear - . There will be plenty of support, suggestions and help from us.

Please contact a member of the Worship Committee - We look forward to hearing from you soon.

Merideth Norris (chair) ~ [witchdr910@aol.com](mailto:witchdr910@aol.com)

Bob Lown ~ [bplown@roadrunner.com](mailto:bplown@roadrunner.com)

Susie Desantis ~ [naturalsuki@yahoo.com](mailto:naturalsuki@yahoo.com)

Ted Trainer ~ [tedtrainer40@gmail.com](mailto:tedtrainer40@gmail.com)

Tom Veronesi ~ [tomveronesi@gmail.com](mailto:tomveronesi@gmail.com)

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## Pathways to Healing & Regeneration



**WHEN:** March 20th through May 23rd

**THEME:** Pathways to Healing & Regeneration

*When you imagine pathways to personal, social and ecological healing and regeneration, what do you see? Who is with you on your journey? What transforms and gives way to new beginnings? Who and/or what are you accountable to along the way?*

UU Ministry for Earth invites you to participate in *Spring for Change – A Season of Sacred Activism*, to explore these pressing questions on a faith journey and sacred practice of learning, reflection, practice, & action. The *Spring for Change* program is designed for individuals, families, and entire faith communities to engage in together. <https://www.uumfe.org/resources/spring-for-change-2021/>

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## Jewelry for Blueberry Fair and Fall Yard Sale

We are beginning to collect unwanted, saleable jewelry for the Blueberry Fair and fall yard sale. Please start going through your stuff and bring it to the church on the days Crystal is there, Wed - Friday mornings, 9am to 12pm. Thank you, Karen Tolstrup

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## MUUSAN News

MUUSAN is so excited about the many productive bills in the legislature right now. For up-to-date information on the bills being supported by MUUSAN in this session of the legislature, simply click on this link: <https://www.muusan.org/muusan-legislative-agenda-current-session.html>

## **Zoom Buddhist Book Group**

“The brahma viharas or ‘heavenly abodes’... of Kindness, Compassion, Joy and Equanimity, cultivated skillfully, are both pathways to profound liberation and the embodiment of awakening. ~ Christina Feldman

We are meeting on ZOOM on Tuesday, April 13<sup>th</sup>. Currently we are reading and practicing together Chapter 2, ‘Compassion’ from the beautiful book by Christina Feldman “Boundless Heart: The Buddha’s Path of Kindness, Compassion, Joy and Equanimity.”

Upcoming dates are: May 11, June 8, July 13, August 10,

It is not too late to join this reflective, gentle contemplative group. All are welcome. If you would like to attend, please let me know and I will send you an invite. Please shelter safely, be healthy and protected in the midst of this unprecedented time. Jaylene Summers: [jaylenesummers@gmail.com](mailto:jaylenesummers@gmail.com) or 207-985-7412.

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## **WIONN (Welcoming Immigrants Our New neighbors) NEWS**

New immigrant families are moving into Biddeford and need Care Teams to help them acclimate and find their way. Being on a Care Team is very satisfying and you make new friends. If you want to know more, talk to Ian and Alyson Durham, Beth Anderson, or Marylyn Wentworth.

If you are interested in being on a Care Team the next WIONN Meeting on Thursday, May 6 at 4:00 via Zoom, is a chance to get introduced to what WIONN does. Contact [marylyn.wentworth@tnsk.org](mailto:marylyn.wentworth@tnsk.org) for information.

## *Monthly Updates from Our Committees*

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### **Share the Offering Collection for March 2021**

We would like to thank the congregation for their contributions for Share the Offering for the month of March. We have collected \$300.00 that has been donated to Caring Unlimited, a wonderful organization helping out in so many ways.

## **We Need Tech Associates!**

Here is an opportunity to join those silent, behind-the-scenes worship service folks who keep the service visible on your screen via Zoom tools. Your only qualifications are a dependable Internet connection and a passion to learn more about Zoom and help with the service. All training provided! You'll apprentice and observe before being asked to do the job on your own, and you are always part of a supportive environment with others during the service.

Contact any of the team members if you would be willing to help us out and be part of the team.

Regards, Bruce Childress, Chris Wells, Patrick Connor, and Hervé Lavoie, Rev. Lara Campbell

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## **Invitation to join the Wednesday Evening Discussion group**

“The most important record of religious history resides not in books and sacred texts but buried in the earth.” This series of lectures by Prof. John Hale of the University of Louisville, uses archaeology to find and interpret ancient artifacts related to civilizations that existed before a written language or civilizations that were among the first to record information. Today’s technology has unearthed a lot more information about ancient places than was available when most of us went to school. The interpretation of artifacts is still open for discussion; not all conclusions can be proven.

Our next few topics are listed below. You are welcome to join the group discussion for any or all topics.

Wednesday, April 21	A Viking Queen Sails to Eternity
Wednesday, May 5	Dancing with Bulls at Knossos
Wednesday, May 19	Oracle Bones in Ancient China

Group members view the lectures ahead of time at their own convenience and the group meets on ZOOM for a discussion. We meet at 7:00 pm on the listed Wednesdays. If you are interested, please contact Ruth Stackpole at [paws8@roadrunner.com](mailto:paws8@roadrunner.com) and I will get things set up for you.

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## **Share the Offering for the Month of April** **Ministerial Discretionary Fund**

The Ministerial Discretionary Fund (MDF) was established to allow our minister to provide financial support to the congregation in ways that are not covered in the congregation’s budget. This may take the form of providing financial assistance for congregants to attend workshops, providing charitable needs to members of the community, supporting causes that are consistent with our values or purchasing a special item of need for the congregation.

Currently the funding for the MDF has come from contributions made in appreciation of services the minister provides (weddings, memorial services, etc.) at no charge to community members. We are asking the congregations assistance to help bolster the fund to support this important ministry.

## **Choir Notes**

Submitted by Bob Lown

For those of you who have been tuning into the Sunday zoom meetings you have been noticing and enjoying hearing and seeing the UU Choir in action. What you may not know is how much work goes into these few minutes of each performance. We rehearse each Thursday evening on zoom. I can only describe these rehearsals as requiring enormous patience. Mostly on Molly's part. She has to prepare for these somewhat tortuous events by prerecording all the parts. In fact, she records herself at least four times and sings the soprano, alto, tenor, and base parts herself so that when we come to our separate parts, there's Molly singing along with us.

And when it comes time for us to join all the parts a few days before a Sunday performance, each of us gets in front of our computers at home and turn on our cell phones and somehow between the two we try to sing our individual parts. My experience may be worse than others, but I listened to my own recording and felt as if I were singing from the bottom of a pickle barrel. But now the trouble has only started. As you may have noticed the zoom program may have delays between the time you speak (or sing) and the time your lips are moving. Molly gets 18 or so of these recordings and has to synchronize all 18 voices. It is a crypto nightmare. How she does it I don't know. But she does it.

Bruce Childress also helps out. He comes to my house to guide me through the maze. The patience of Job. He teaches me which buttons to push. He does the same for others. And he transmits, or to use the techie word, "downloads" to Molly.

And there you have it. Sunday Zoom participants enjoy three minute or so of beautiful music. Behind it is hours of dedicated sloshing around in cyberspace. And despite my own inadequacy I love it.



# From the Archives

Submitted by Karen Tolstrup  
Press Release

Release date: Immediately  
Contact Person: Rev. Peter T. Richardson  
985-3700 or 985-2087

## PRESS RELEASE

First Parish Unitarian in Kennebunk will have as its guest, August 14, 1977, during Sunday morning worship, R. Buckminster Fuller. Dr Fuller will speak to the congregation, beginning at 10:30, and remain for a reception in his honor following the worship service to be held at the Boar's Head Restaurant in Arundel. Tickets for the reception must be reserved early by contacting the church, Main Street, in Kennebunk.

Buckminster Fuller, perhaps best known as the architect of the geodesic dome, is also a poet, author, philosopher, mathematician, inventor and engineer. His works include: Operating Manual For Spaceship Earth, Utopia or Oblivion, Education Automation, Earth, Inc. Nine Chains To The Moon, Ideas and Integrities, No More Secondhand God, Epic Poem On The History of Industrialization, And It Came to Pass, Not to Stay, Intuition, and Synergetics.

Fuller, a summer resident of Bear Island, Maine, endeared himself to many in 1971 by sending Senator Muskie a 15 page telegram poem entitled, "Earthians Critical Moment", stating in part:

I pray you will make your stand  
Swiftly and unambiguously clear  
As being against any further incursions  
Of petroleum into Maine.

While Fuller is presently an Emeritus University Professor at both Southern Illinois University and the University of Pennsylvania and is affiliated with Pennsylvania, Haverford, Swarthmore and Bryn Mawr Colleges, it can be said that Fuller is truly a global citizen, friend and advisor of a number of world leaders, lecturer throughout the globe, neighbor of all humanity.

According to the minister of the church, Rev. Peter T. Richardson, Fuller's grandfather, Arthur Buckminster Fuller was a Unitarian minister in Boston, brother of the famed transcendentalist, Margaret Fuller. "Fuller's theological views are scattered in 56 references in 11 books and in a great number of other sources. There is much in them akin to the views of Channing, Emerson, Parker and other Transcendentalist and subsequent thinkers. Fuller's theology is an important development from a long tradition and should be more widely known in twentieth-century religious circles. It is a great honor to welcome him as our guest."

# References

## Inclement Weather Closing in COVID Times

In the event of inclement weather all online meetings and classes will continue as scheduled. This goes for Worship as well.

Staff will work from home if inclement weather is to occur during the week.

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## Online Worship Service

There are three ways to join the service:

- From your phone or tablet, by downloading the zoom app. [[Apple iOS\(link is external\)](#)] [[Android\(link is external\)](#)]
- From a laptop or desktop computer [[download\(link is external\)](#)]
- By telephone (audio only) the phone number is [929 205 6099](#), meeting ID **734 887 010**. Password: **024481**.

You should have the software downloaded and installed on your device before the service starts. Our services will be available at this URL, just click to join the service! [https://zoom.us/j/734887010?](https://zoom.us/j/734887010?pwd=WWhwSzJzbi84c3YxRU1vZkJ5RG5GQT09) Description: Join Zoom Meeting [pwd=WWhwSzJzbi84c3YxRU1vZkJ5RG5GQT09](#)

The Order of Service and the Announcements are being emailed out on Sunday morning. If you are not getting the email, please contact Crystal Jones at [uukennebunkoffice@gmail.com](mailto:uukennebunkoffice@gmail.com)

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## Office Hours for Staff

Rev. Lara will hold office hours Wednesday and Thursday from 9am until 12pm, or by appointment. Lara is available to meet with you outside in person or by Zoom, and as always Rev. Lara can be reached by phone anytime. Monday's are Lara's scheduled day off so please only contact if you have an emergency.

Crystal will be in the office Wednesday through Friday from 9am until 12pm and welcomes you to stop by if you need help with anything. She will be working from home Monday and Tuesday, so will receive emails and phone messages.

Molly will hold online office hours: Tuesday 10:30-12:00, Wednesday 1:00-3:00 and Thursday 5:00-7:00, or by appointment - Monday, Thursday, Friday.



## Making a “Share the Offering” Contribution Can Be Made at Anytime!!

Contributions can be made anytime online at [www.uukennebunk.org/plate](http://www.uukennebunk.org/plate), or send or drop off a check to the church. Please put “offering” in the memo. Our mailing address is 114 Main Street, Kenneunk, ME 04043. Crystal will be in the office Wednesday through Friday from 9am until 12pm if you feel better leaving a check with her.

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### SHARE THE OFFERING

Share the Offering has been enhanced by your Social Justice Committee and approved by your Board of Directors. This new and more consistent approach will enable us to actively express our Unitarian Universalist values, while reaching out to a larger community.

**-HOW WILL THIS WORK?** Each month a different and approved non-profit organization will receive one half of our regular Sunday cash collection.

**-WILL WE SHARE EVERY SUNDAY FOR THE FULL MONTH?** Yes, except that July & August will be combined to allow for summer time’s lower attendance.

**-WHY COLLECT EVERY SUNDAY?** We recognize that not everyone can be in church each and every Sunday or may not have their extra funds on hand. **NOTE: Due to the Pandemic’s effect on gatherings/social distances, we “currently” cannot rely on personal Sunday collections, although we hope & trust to return to this approach sometime soon.**

**-WHAT IS CURRENTLY THE BEST WAY TO CONTRIBUTE?** You may mail your check payable to FPUU indicating in the check’s memo section “Share the Offering”. Another option is to log into website [www.UUKennebunk.org](http://www.UUKennebunk.org) and select “Plate Offering”, which allow you to contribute using your credit card.

**-WHERE DOES MY PERSONAL FPUU PLEDGE FIT IN?**

Your Pledge will continue to be allocated only toward those budgeted programs and expenses which FPUU membership previously approved.

**HOW DO I RECOMMEND A NON-PROFIT AS A RECIPIENT?** Please contact Crystal ([uukennebunkoffice@gmail.com](mailto:uukennebunkoffice@gmail.com)) to receive an application. All Completed applications should be sent to back to Crystal. FMI, please contact Eva Downs; she will be happy to work with you and answer any questions.

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### Curious About an Event That is Happening at FPUU??

Please feel free to check out the church calendar if you are searching for a certain event, or just curious as to what may be going on here at FPUU. You can find the calendar here: <https://calendar.google.com>.

# *Outreach Services*

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## **Community Outreach Services - COS**

COS offers assistance: food, fuel and many other things, to our neighbors in Kennebunk, Kennebunkport and Arundel. To make an appointment:

- 1) Contact the General Assistance officer of your town or
- 2) Call-207-985-6069 or
- 3) Go online to <https://calendly.com/cosfoodpantry/foodpantryvisit> to select a 10-minute time slot. After you confirm your time you will be forwarded to a website to provide COS with your Food Pantry preferences. This pantry provides fresh produce, meats and dairy items along with non-perishable foods such as canned goods, cereal, pasta, pet food, household items, etc.

You may pick up your food during your scheduled appointment time at the COS Food Pantry, 19 Park Street in Kennebunk (driveway to the left behind the playing fields).

Appointments can be made for Mondays 12pm-3pm, Tuesdays and Thursdays 3pm-6pm and Fridays 10am-1pm.

To donate food to COS: "Nonperishable food items can be placed in the bin near the entrance to Hannaford, Kennebunk, or in the bin at the COS location, 19 Park Street, Kennebunk (behind the playing fields and playground) Thank you!"

To donate funds to COS - 2 ways: 1) through the website: [coskennebunks.org](http://coskennebunks.org). or 2) by check to COS, P.O. Box 1175, Kennebunk, ME 04043. Again, thank you!

For more information, contact Kathe Wright, church representative to COS

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## **No Place Like Home**

No Place Like Home, a volunteer group started by Molly Hoadley, is offering to run errands for older adults at no cost. Call 558-2270 and leave a message. Someone will get back to you. We have a small cadre of volunteers willing to help. Stay safe.

# Funding Opportunity

## ClynK Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** bags in the "milk box" on the porch for you to pick up and fill. The box is right by the side door on the porch, by the entrance door.

Here is the Clynk website for more information: <https://www.clynk.com>

## Spiritual Growth Opportunities!

- **Buddhist Sangha - Ripples of Peace** "In the tradition of Thich Nhat Hanh" Online Zoom - Tuesdays, 5:15- 6:45 p.m., Beginners Welcome! A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by a reading by a Buddhist teacher and discussion. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, [sjpk@roadrunner.com](mailto:sjpk@roadrunner.com) for zoom link and info.
- **Buddhist Book Group** on Zoom the second Tuesday of the month, from 3:00-4:30pm. We are reading and practicing together Chapter 2, 'Compassion' from the beautiful book by Christina Feldman "Boundless Heart: The Buddha's Path of Kindness, Compassion, Joy and Equanimity." All are welcome. FMI: Jaylene Summers: [jaylenesummers@gmail.com](mailto:jaylenesummers@gmail.com) or 207-985-7412.
- **Embracing Aging:** Moment to Moment is a thoughtful, provocative discussion group open to any senior who is interested in sharing the aging journey with others. We will be meeting by Zoom on the first and third Wednesdays, March through May, from 4:00 to 5:30 PM. Contact Helen Rousseau at [hrousseau@roadrunner.com](mailto:hrousseau@roadrunner.com) or 207-332-0046.
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe Wright 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Small Group Ministry:** Small Group meets on the first and third Tuesday each month from Sept. through June, in the FPUU Library, 1-3 p.m. Discussions are wide ranging, with the purpose of deepening relationships, spirituality and sharing community. Newcomers are welcome. FMI Virginia DiMarco 985-7238
- **Wednesday Meditation** This small group of meditators follows a simple practice of sharing a Buddhist reading followed by silent sitting and walking meditation at our own pace. All are welcome. Sessions are held from 5:05 to 6:35 p.m. in the church library on Wednesday throughout the church year, but occasionally must be cancelled. For more information contact Tim Ericson: 207-985-421, [timericsonmsw@gmail.com](mailto:timericsonmsw@gmail.com).
- **Early Morning Yoga: Thursday from 7-8:15 am:** moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Bring a Yoga mat and props if you have them – mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir:** Singing is a wonderful way to connect with the body and breath, mind and spirit, self and community. All levels of ability and experience are welcome! The choir meets on Thursday evenings from 7:00-8:30 from September-June, currently on Zoom. Email Molly Petrik at [uukennebunkmusic@gmail.com](mailto:uukennebunkmusic@gmail.com) if you are interested in joining or coming to a meeting!

## FPUU Staff/Leadership and Committee Contacts

### FPUU STAFF/LEADERSHIP

**MINISTER:** The Reverend Lara K-J Campbell.....207-985-3700 (church) uuKennebunkMinister@gmail.com  
**MUSIC DIRECTOR:** Molly Petrik.....uuKennebunkMusic@gmail.com  
**ADMINISTRATOR:** Crystal Jones.....uuKennebunkOffice@gmail.com  
**BOOKKEEPER:** Barbara Boscia.....uuKennebunkBookkeeper@gmail.com

### BOARD OF DIRECTORS: 2019 – 2020 program year

**CO-CHAIR:** Marylyn Wentworth.....marylyn.wentworth@tnsk.org  
**CO-CHAIR:** Wayne White.....wwhite911@aol.com  
**CLERK:** Molly Hoadley.....mollyhoadley@gmail.com  
**TREASURER:** Herve Lavoie.....hervae@roadrunner.com  
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**DIRECTOR:** Bob Lown.....bplown@roadrunner.com

### FPUU CHURCH COMMITTEES

**HISTORIAN**.....Karen Tolstrup, kdtolstrup@gmail.com  
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**BELL COMMITTEE**.....Stacy Wentworth, Kirkwood Smallman  
**CLOCK COMMITTEE**.....Stacy Wentworth, Paul Cochran  
**RELIGIOUS EDUCATION COMMITTEE**.....Rev. Lara Campbell, uukennebunkminister@gmail.com  
**SOCIAL JUSTICE COMMITTEE**.....Molly Hoadley Chair, mollyhoadley@gmail.com  
**WORSHIP COMMITTEE**.....Bob Lown Board Liaison, bplown@roadrunner.com  
**BLUEBERRY FAIR**.....Herve` Lavoie, [hervae@roadrunner.com](mailto:hervae@roadrunner.com) and Jacky Peters, jpkrf@roadrunner.com  
**COMMUNITY OUTREACH**.....Kathe Wright, kawright4@hotmail.com  
**SPACE RENTALS**.....Crystal Jones, uukennebunkoffice@gmail.com  
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**WED. EVENING DISCUSSION GROUP**.....Ruth Stackpole, paws8@roadrunner.com  
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**WOMEN FOR ALL SEASONS**.....Barbara Conner, bsconner@roadrunner.com and Kathe Wright, [kawright4@hotmail.com](mailto:kawright4@hotmail.com)  
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