



First Parish Voices

Online Worship Services
Sunday, May 2nd, at 10:30 AM
And The Children Will Lead
Rev. Lara Campbell
www.uukennebunk.org

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Weekly Updates

"Our UU Principles"

Our 3rd UU principle encourages spiritual growth. Many of us have come to this church in search for answers to deep questions. How have you grown spiritually in our church? Submitted by Kathe Wright

AUCTION NEWS

LAST WEEK of the AUCTION. You can view the items LIVE at church from 10-12 on Thursday, Friday and Saturday April 29, 30 and May 1..

We are only \$1,500 short of our goal so remind your friends outside the church to check us out. There are so many chances to send time with friends at Jay and Lara's BBQ, Molly's Crab Boil, Paul's Piano Bar, Paul's Picnic at Kennebunk Pond. It is time to check in with friends.

It is easier to go to UUKennebunk.org and click on the auction link under EVENTS with the yellow daisies.

Nominating Committee

The Nominating Committee is announcing the opportunity for members of First Parish Church of Kennebunk to serve on the Board of Directors. There are two openings. These are 3-year commitments. Interested members should look at the job description on the church web site and let a member of the Nominating Committee know of their desire to serve by May 9th.

Nominating Committee:

Eva Downs

Beth Andersen

Joan O Hara

Ted Trainer

Jewelry for Blueberry Fair and Fall Yard Sale

We are beginning to collect unwanted, saleable jewelry for the Blueberry Fair and fall yard sale. Please start going through your stuff and bring it to the church on the days Crystal is there, Wed - Friday mornings, 9am to 12pm. Thank you, Karen Tolstrup

Summer Online Worship Leaders Needed

Do you have a something you'd love to share with the Church community? There are still several opportunities in the summer Sunday schedule for you to share your story, your spiritual journey or your message in the form of a Sunday Morning (9:30 am) Worship Service.

If you have never done this, or are not sure about doing it on zoom, have no fear - . There will be plenty of support, suggestions and help from us.

Please contact a member of the Worship Committee - We look forward to hearing from you soon.

Merideth Norris (chair) ~ witchdr910@aol.com, Bob Lown ~ bplown@roadrunner.com, Susie Desantis ~ naturalsuki@yahoo.com, Ted Trainer ~ tedtrainer40@gmail.com, Tom Veronesi ~ tomveronesi@gmail.com

A Follow Up to Discussion Groups on Racial Justice

Eight Questions Discussion Groups on Racial Issues were Co-Facilitated by Rev Lara Campbell and Jaylene Summers, March 2021.

In March 16 congregants from FPUU met in two groups to address eight questions that Dr.Karlene Burrell-McRae suggested we, white people consider at the MLK,jr event sponsored by the Social Justice Committee of FPUU. We met in two groups for five sessions. Some of the topics we investigated included our own white ancestry and colonization of the United States, white supremacy, white fragility, white body racialized trauma, systemic racism, and further action we may take undertake going forward for racial justice. It was often difficult, painful and challenging while also beneficial, enlightening, rewarding and important.

While we realize that this is a life-practice we are now taking time to digest or metabolize this experience while continuing to develop and deepen our own exploration. We are hoping to continue a group in the future. Perhaps in the fall we might begin a shared facilitation circle group, reading a book together such as “Me and White Supremacy” by Layla F Saad. If you are interested, you might wish contact us. Stay tuned.

Thank you to all who participated in these groups. You were courageous, kind and compassionate. Thank you, Rev Lara and Jaylene Summers

Pathways to Healing & Regeneration



WHEN: March 20th through May 23rd

THEME: Pathways to Healing & Regeneration

When you imagine pathways to personal, social and ecological healing and regeneration, what do you see? Who is with you on your journey? What transforms and gives way to new beginnings? Who and/or what are you accountable to along the way?

UU Ministry for Earth invites you to participate in *Spring for Change – A Season of Sacred Activism*, to explore these pressing questions on a faith journey and sacred practice of learning, reflection, practice, & action.

The *Spring for Change* program is designed for individuals, families, and entire faith communities to engage in together. <https://www.uumfe.org/resources/spring-for-change-2021/>

MUUSAN News

Go to the Natural Resources Council of Maine website to sign **five** very important petitions **here**: <https://www.nrcm.org/take-action/>

Did you know that **THREE** of these Natural Resources Council of Maine (NRCM) petitions are directly tied to climate change and environmental bills that MUUSAN has endorsed for 2021?

This coming Monday, April 26th will be the hearing for [LD 983](#) — An Act to Authorize a General Fund Bond Issue to Promote Land Conservation, Working Waterfronts, Water Access and Outdoor Recreation (also known as the Land for Maine’s Future bill). Sponsor: Senator Cathy Breen of Cumberland. Check on the legislative web site to see how to attend the hearing.

MUUSAN Network Meeting

May 8th, 2021

10:00am-12:00pm via Zoom

Crossing the Finish Line



Guest Speaker Senator Cathy Breen
Register by going to MUUSAN.org

Zoom Buddhist Book Group

“The brahma viharas or ‘heavenly abodes’... of Kindness, Compassion, Joy and Equanimity, cultivated skillfully, are both pathways to profound liberation and the embodiment of awakening. ~ Christina Feldman

We are meeting on ZOOM on Tuesday, May 11th. Currently we are reading and practicing together Chapter 2, ‘Compassion’ from the beautiful book by Christina Feldman “Boundless Heart: The Buddha’s Path of Kindness, Compassion, Joy and Equanimity.”

Upcoming dates are: June 8, July 13, August 10,

It is not too late to join this reflective, gentle contemplative group. All are welcome. If you would like to attend, please let me know and I will send you an invite. Please shelter safely, be healthy and protected in the midst of this unprecedented time. Jaylene Summers: jaylenesummers@gmail.com or 207-985-7412.

WIONN (Welcoming Immigrants Our New neighbors) NEWS

New immigrant families are moving into Biddeford and need Care Teams to help them acclimate and find their way. Being on a Care Team is very satisfying and you make new friends. If you want to know more, talk to Ian and Alyson Durham, Beth Anderson, or Marylyn Wentworth.

If you are interested in being on a Care Team the next WIONN Meeting on Thursday, May 6 at 4:00 via Zoom, is a chance to get introduced to what WIONN does. Contact marylyn.wentworth@tnsk.org for information.

WIONN EDUCATION FUND

WIONN supports immigrants who are going to college or training schools so as to better their lives. All the financial aid we give comes from donors like you. You can contribute to the WIONN Education Fund by making a check to Christ Church with the notation "Education Fund" and mail to WIONN, 32 Garden St. Wells, ME 04090. Some wonderful new Mainers will appreciate your generosity.

Monthly Updates from Our Committees

Share the Offering Collection for March 2021

We would like to thank the congregation for their contributions for Share the Offering for the month of March. We have collected \$300.00 that has been donated to Caring Unlimited, a wonderful organization helping out in so many ways.

Share the Offering for the Month of April Ministerial Discretionary Fund

The Ministerial Discretionary Fund (MDF) was established to allow our minister to provide financial support to the congregation in ways that are not covered in the congregation's budget. This may take the form of providing financial assistance for congregants to attend workshops, providing charitable needs to members of the community, supporting causes that are consistent with our values or purchasing a special item of need for the congregation.

Currently the funding for the MDF has come from contributions made in appreciation of services the minister provides (weddings, memorial services, etc.) at no charge to community members. We are asking the congregations assistance to help bolster the fund to support this important ministry.

We Need Tech Associates!

Here is an opportunity to join those silent, behind-the-scenes worship service folks who keep the service visible on your screen via Zoom tools. Your only qualifications are a dependable Internet connection and a passion to learn more about Zoom and help with the service. All training provided! You'll apprentice and observe before being asked to do the job on your own, and you are always part of a supportive environment with others during the service.

Contact any of the team members if you would be willing to help us out and be part of the team.
Regards, Bruce Childress, Chris Wells, Patrick Connor, and Hervé Lavoie, Rev. Lara Campbell

Invitation to join the Wednesday Evening Discussion group

“The most important record of religious history resides not in books and sacred texts but buried in the earth.” This series of lectures by Prof. John Hale of the University of Louisville, uses archaeology to find and interpret ancient artifacts related to civilizations that existed before a written language or civilizations that were among the first to record information. Today’s technology has unearthed a lot more information about ancient places than was available when most of us went to school. The interpretation of artifacts is still open for discussion; not all conclusions can be proven.

Our next few topics are listed below. You are welcome to join the group discussion for any or all topics.

Wednesday, May 5	Dancing with Bulls at Knossos
Wednesday, May 19	Oracle Bones in Ancient China

Group members view the lectures ahead of time at their own convenience and the group meets on ZOOM for a discussion. We meet at 7:00 pm on the listed Wednesdays. If you are interested, please contact Ruth Stackpole at paws8@roadrunner.com and I will get things set up for you.

Choir Notes

Submitted by Eva Downs

Spring is in the air and the choir is preparing to sing a beautiful arrangement of “The Unsung Song” by Samara Jade. This song reminds us to open ourselves, to hear and see the beauties of the world around us It's been here all along, every moment, every day.

LISTEN TO THE MUSIC

by anon

Listen

Listen to the music

Listen to the songs of children chanting
their joy of friendship and the wonder of living
to the rhythm of a jump rope in the school yard

Listen to the silence of the wilderness
carried on a forest breeze
that sings of dappled sunlight
in a hidden vernal glade

Listen to the young man
in a T-shirt and white apron,
humming to himself
as he washes pots and pans in the hotel kitchen
dreaming of his girlfriend

Listen to the young mother,
singing a lullaby
to her baby as she sits in the air terminal
waiting for the call to board

Listen to the little girl at the water's edge,
singing to herself a story-song about
the princess who lives in the castle she is creating

Listen to the midnight howls of coyotes,
singing the songs of their ancestors,
challenging the presence of humankind
in a world that belonged to them.

Listen to the music,
Listen

From the Archives
Submitted by Karen Tolstrup
Press Release

Release date: Immediately
Contact Person: Rev. Peter T. Richardson
985-3700 or 985-2087

PRESS RELEASE

First Parish Unitarian in Kennebunk will have as its guest, August 14, 1977, during Sunday morning worship, R. Buckminster Fuller. Dr Fuller will speak to the congregation, beginning at 10:30, and remain for a reception in his honor following the worship service to be held at the Boar's Head Restaurant in Arundel. Tickets for the reception must be reserved early by contacting the church, Main Street, in Kennebunk.

Buckminster Fuller, perhaps best known as the architect of the geodesic dome, is also a poet, author, philosopher, mathematician, inventor and engineer. His works include: Operating Manual For Spaceship Earth, Utopia or Oblivion, Education Automation, Earth, Inc. Nine Chains To The Moon, Ideas and Integrities, No More Secondhand God, Epic Poem On The History of Industrialization, And It Came to Pass, Not to Stay, Intuition, and Synergetics.

Fuller, a summer resident of Bear Island, Maine, endeared himself to many in 1971 by sending Senator Muskie a 15 page telegram poem entitled, "Earthians Critical Moment", stating in part:

I pray you will make your stand
Swiftly and unambiguously clear
As being against any further incursions
Of petroleum into Maine.

While Fuller is presently an Emeritus University Professor at both Southern Illinois University and the University of Pennsylvania and is affiliated with Pennsylvania, Haverford, Swarthmore and Bryn Mawr Colleges, it can be said that Fuller is truly a global citizen, friend and advisor of a number of world leaders, lecturer throughout the globe, neighbor of all humanity.

According to the minister of the church, Rev. Peter T. Richardson, Fuller's grandfather, Arthur Buckminster Fuller was a Unitarian minister in Boston, brother of the famed transcendentalist, Margaret Fuller. "Fuller's theological views are scattered in 56 references in 11 books and in a great number of other sources. There is much in them akin to the views of Channing, Emerson, Parker and other Transcendentalist and subsequent thinkers. Fuller's theology is an important development from a long tradition and should be more widely known in twentieth-century religious circles. It is a great honor to welcome him as our guest."

References

Inclement Weather Closing in COVID Times

In the event of inclement weather all online meetings and classes will continue as scheduled. This goes for Worship as well.

Staff will work from home if inclement weather is to occur during the week.

Online Worship Service

There are three ways to join the service:

- From your phone or tablet, by downloading the zoom app. [[Apple iOS\(link is external\)](#)] [[Android\(link is external\)](#)]
- From a laptop or desktop computer [[download\(link is external\)](#)]
- By telephone (audio only) the phone number is [929 205 6099](#), meeting ID **734 887 010**. Password: **024481**.

You should have the software downloaded and installed on your device before the service starts. Our services will be available at this URL, just click to join the service! [https://zoom.us/j/734887010?](https://zoom.us/j/734887010?pwd=WWhwSzJzbi84c3YxRU1vZkJ5RG5GQT09) Description: Join Zoom Meeting [pwd=WWhwSzJzbi84c3YxRU1vZkJ5RG5GQT09](#)

The Order of Service and the Announcements are being emailed out on Sunday morning. If you are not getting the email, please contact Crystal Jones at uukennebunkoffice@gmail.com

Office Hours for Staff

Rev. Lara will hold office hours Wednesday and Thursday from 9am until 12pm, or by appointment. Lara is available to meet with you outside in person or by Zoom, and as always Rev. Lara can be reached by phone anytime. Monday's are Lara's scheduled day off so please only contact if you have an emergency.

Crystal will be in the office Wednesday through Friday from 9am until 12pm and welcomes you to stop by if you need help with anything. She will be working from home Monday and Tuesday, so will receive emails and phone messages.

Molly will hold online office hours: Tuesday 10:30-12:00, Wednesday 1:00-3:00 and Thursday 5:00-7:00, or by appointment - Monday, Thursday, Friday.

Making a “Share the Offering” Contribution Can Be Made at Anytime!!

Contributions can be made anytime online at www.uukennebunk.org/plate, or send or drop off a check to the church. Please put “offering” in the memo. Our mailing address is 114 Main Street, Kenneunk, ME 04043. Crystal will be in the office Wednesday through Friday from 9am until 12pm if you feel better leaving a check with her.

SHARE THE OFFERING

Share the Offering has been enhanced by your Social Justice Committee and approved by your Board of Directors. This new and more consistent approach will enable us to actively express our Unitarian Universalist values, while reaching out to a larger community.

-HOW WILL THIS WORK? Each month a different and approved non-profit organization will receive one half of our regular Sunday cash collection.

-WILL WE SHARE EVERY SUNDAY FOR THE FULL MONTH? Yes, except that July & August will be combined to allow for summer time’s lower attendance.

-WHY COLLECT EVERY SUNDAY? We recognize that not everyone can be in church each and every Sunday or may not have their extra funds on hand. **NOTE: Due to the Pandemic’s effect on gatherings/social distances, we “currently” cannot rely on personal Sunday collections, although we hope & trust to return to this approach sometime soon.**

-WHAT IS CURRENTLY THE BEST WAY TO CONTRIBUTE? You may mail your check payable to FPUU indicating in the check’s memo section “Share the Offering”. Another option is to log into website www.UUKennebunk.org and select “Plate Offering”, which allow you to contribute using your credit card.

-WHERE DOES MY PERSONAL FPUU PLEDGE FIT IN?

Your Pledge will continue to be allocated only toward those budgeted programs and expenses which FPUU membership previously approved.

HOW DO I RECOMMEND A NON-PROFIT AS A RECIPIENT? Please contact Crystal (uukennebunkoffice@gmail.com) to receive an application. All Completed applications should be sent to back to Crystal. FMI, please contact Eva Downs; she will be happy to work with you and answer any questions.

Curious About an Event That is Happening at FPUU??

Please feel free to check out the church calendar if you are searching for a certain event, or just curious as to what may be going on here at FPUU. You can find the calendar here: <https://calendar.google.com>.

Outreach Services

Community Outreach Services - COS

COS offers assistance: food, fuel and many other things, to our neighbors in Kennebunk, Kennebunkport and Arundel. To make an appointment:

- 1) Contact the General Assistance officer of your town or
- 2) Call-207-985-6069 or
- 3) Go online to <https://calendly.com/cosfoodpantry/foodpantryvisit> to select a 10-minute time slot. After you confirm your time you will be forwarded to a website to provide COS with your Food Pantry preferences. This pantry provides fresh produce, meats and dairy items along with non-perishable foods such as canned goods, cereal, pasta, pet food, household items, etc.

You may pick up your food during your scheduled appointment time at the COS Food Pantry, 19 Park Street in Kennebunk (driveway to the left behind the playing fields).

Appointments can be made for Mondays 12pm-3pm, Tuesdays and Thursdays 3pm-6pm and Fridays 10am-1pm.

To donate food to COS: "Nonperishable food items can be placed in the bin near the entrance to Hannaford, Kennebunk, or in the bin at the COS location, 19 Park Street, Kennebunk (behind the playing fields and playground) Thank you!"

To donate funds to COS - 2 ways: 1) through the website: coskennebunks.org. or 2) by check to COS, P.O. Box 1175, Kennebunk, ME 04043. Again, thank you!

For more information, contact Kathe Wright, church representative to COS

No Place Like Home

No Place Like Home, a volunteer group started by Molly Hoadley, is offering to run errands for older adults at no cost. Call 558-2270 and leave a message. Someone will get back to you. We have a small cadre of volunteers willing to help. Stay safe.

Funding Opportunity

Clynk Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a Clynk bags in the "milk box" on the porch for you to pick up and fill. The box is right by the side door on the porch, by the entrance door.

Here is the Clynk website for more information: <https://www.clynk.com>

Spiritual Growth Opportunities!

- **Buddhist Sangha - Ripples of Peace** "In the tradition of Thich Nhat Hanh" Online Zoom - Tuesdays, 5:15- 6:45 p.m., Beginners Welcome! A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by a reading by a Buddhist teacher and discussion. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, sjpk@roadrunner.com for zoom link and info.
- **Buddhist Book Group** on Zoom the second Tuesday of the month, from 3:00-4:30pm. We are reading and practicing together Chapter 2, 'Compassion' from the beautiful book by Christina Feldman "Boundless Heart: The Buddha's Path of Kindness, Compassion, Joy and Equanimity." All are welcome. FMI: Jaylene Summers: jaylenesummers@gmail.com or 207-985-7412.
- **Embracing Aging:** Moment to Moment is a thoughtful, provocative discussion group open to any senior who is interested in sharing the aging journey with others. We will be meeting by Zoom on the first and third Wednesdays, March through May, from 4:00 to 5:30 PM. Contact Helen Rousseau at hrousseau@roadrunner.com or 207-332-0046.
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe Wright 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Small Group Ministry:** Small Group meets on the first and third Tuesday each month from Sept. through June, in the FPUU Library, 1-3 p.m. Discussions are wide ranging, with the purpose of deepening relationships, spirituality and sharing community. Newcomers are welcome. FMI Virginia DiMarco 985-7238
- **Wednesday Meditation** This small group of meditators follows a simple practice of sharing a Buddhist reading followed by silent sitting and walking meditation at our own pace. All are welcome. Sessions are held from 5:05 to 6:35 p.m. in the church library on Wednesday throughout the church year, but occasionally must be cancelled. For more information contact Tim Ericson: 207-985-421, timericsonmsw@gmail.com.
- **Early Morning Yoga: Thursday from 7-8:15 am:** moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Bring a Yoga mat and props if you have them – mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir:** Singing is a wonderful way to connect with the body and breath, mind and spirit, self and community. All levels of ability and experience are welcome! The choir meets on Thursday evenings from 7:00-8:30 from September-June, currently on Zoom. Email Molly Petrik at uukennebunkmusic@gmail.com if you are interested in joining or coming to a meeting!

FPUU Staff/Leadership and Committee Contacts

FPUU STAFF/LEADERSHIP

MINISTER: The Reverend Lara K-J Campbell.....207-985-3700 (church) uuKennebunkMinister@gmail.com
MUSIC DIRECTOR: Molly Petrik.....uuKennebunkMusic@gmail.com
ADMINISTRATOR: Crystal Jones.....uuKennebunkOffice@gmail.com
BOOKKEEPER: Barbara Boscia.....uuKennebunkBookkeeper@gmail.com

BOARD OF DIRECTORS: 2019 – 2020 program year

CO-CHAIR: Marylyn Wentworth.....marylyn.wentworth@tnsk.org
CO-CHAIR: Wayne White.....wwhite911@aol.com
CLERK: Molly Hoadley.....mollyhoadley@gmail.com
TREASURER: Herve Lavoie.....hervae@roadrunner.com
DIRECTOR: Alicia Soloman.....asoliman@yccc.edu
DIRECTOR: James Thompson.....jethompson33@aol.com
DIRECTOR: Bob Lown.....bplown@roadrunner.com

FPUU CHURCH COMMITTEES

HISTORIAN.....Karen Tolstrup, kdtolstrup@gmail.com
FINANCE COMMITTEE.....Herve` Lavoie-Chair, hervae@roadrunner.com
STEWARDSHIP COMMITTEE.....Vacant
COMMITTEE ON MINISTRY.....Alexandra McCabe-Co-Chair, alexandramccabe@mac.com
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