



First Parish Voices

Worship Services

Sunday, December 10, at 10:30 AM

Comfort And Joy – Rev Lara Campbell

Church office hours: The church office is open Monday thru Friday from 9 am to 12
Rev. Lara Campbell office hours: Tuesday, Wednesday and Thursday 9 to 12 and by appointment

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Weekly Update

Poinsettias

Poinsettias for the altar will be sold again this year on December 10th and 17th.

The cost will be \$13.00 for a 6inch pot, and can be dedicated to a loved one which will be printed in the order of service. A table will be set up during coffee hour on the above dates. Please bring the correct change or a check! If you have any questions, please see Joan Wuerthner or Alice White. Thank you!



Holiday Baskets

The holiday season is in full swing. Stores and TV are pushing us to buy more and more. But the true spirit of the season is remembering those folks in the Kennebunk's and Arundel who could use a little help. Community Outreach Services (COS) will be delivering Christmas baskets to some of our neighbors in need. If you would like to join me Friday, December 22 in this fun morning, call Donna Patterson at 651-1997, by December 20. Call me, Kathe Wright at 985-6194, for more information if you wish, or just to let me know you will be there. Volunteer drivers meet at Sea Road Church December 22. I plan on being at Sea Road Church by 9:30.

Also, you can bring non-perishable food to our church or drop your items off at Hannaford when you shop. Holiday food items would be particularly welcome. If you wish to make a tax-deductible donation, make your check payable to Community Outreach Services, P.O. Box 1175, Kennebunk, ME 04043 (mark it Holiday Food Baskets if you wish). Finally, if you know anyone who you think might be in need of a Christmas basket, tell them to contact the General Assistance Office of their town.

Thank you for your generosity. Kathe Wright, First Parish Representative to COS.

🎵🎵🎵 Song Swop 🎵🎵🎵

The purpose of the SONG SWOP is to have fun sharing music together. We meet on the second Friday of every month from 7 - 9pm in the Parlor. The next one is Friday, December 8th, 7 - 9pm. Both performers and listeners of all ages are welcome. Acoustic instruments only please. Light refreshments available. Suggested Donation \$3. FMI contact Bruce Childress at bruce@bcpipes.com or Rich Gaito at captgainto@gmail.com

Women For All Seasons

Come join Women for All Seasons at their next meeting, Tuesday, December 12th, at 6:30 in the church library. We will celebrate the dark of the year and the coming light, delving into the dark and emerging on the other side. A counterpoint to the frenzy of the holiday season, come enjoy folly, fun and joy, meditation and healing. Kathe Wright will be our leader in the adventure—all women are welcome.

December No Particular Reason Women's Potluck Dinner

At the home of Ann Boyce (since Nancy Dorn is unable to host this year)

When: Friday, December 16 @ 6 PM

Where: [616 Old Post Road, Arundel](#)

Questions or for directions: please call 967-3778. I won't promise my home will be as beautifully decorated as Nancy's always is, but there will be at least a wreath. 😊

Worship Associate Training at FPUU

Have you ever wondered how someone gets to be a worship associate and help Rev. Lara with the Sunday service? Well, you could volunteer to be one! Rev. Lara will be organizing a one session training session in January to learn more about the position and to help you decided if this volunteer position is a good fit for you. If you are interested in learning about being a worship associate please email Rev. Lara at UUKennebunkMinister@gmail.com. The training date will be set based on participants availability.

Please Welcome our New Music Director - Molly Petrik

Rev. Lara, the Music Director Search Committee, and the Board of Directors is thrilled to announce that we have hired a new Music Director. Molly instantly stood out among the candidates not only because of her amazing talent but also because of her engaging personality.

Passionate in her work as a piano soloist, accompanist, choral director and piano teacher, Molly Petrik holds Bachelor and Master's degrees in Piano Performance from University of Montana and Western Michigan University, respectively. She has performed with highly esteemed musicians in recitals, master classes, festivals, and competitions. Molly's awards include a Gold Medal at Northwest Music fest, Gilmore Keyboard Festival Fellowship and MTNA star award.

In all of her musical endeavors, Molly strives for growth and learning and helping those around her do the same. Music invites both the creator and the listener to move towards vulnerability and openness, and Molly believes that cultivating these qualities in today's society is essential.

Molly will have office hours on Thursday mornings and by appointment, in addition to being at FPUU on Thursday evenings and Sunday mornings. She can be reached at uukennebunkmusic@gmail.com or her cell phone [701-202-8527](tel:701-202-8527)

Christmas Dinner



Al and Vicki Adams will host Christmas dinner at their home in Kennebunk for members and friends of First Parish who do not have family or friends close by on Christmas Day. Planning for about 1 p.m., we'll roast the turkey and guests are asked to bring a side dish or dessert. If you'd like to come, call or talk to Vicki: 216-3890 or Al: 216-3891, or email al-adams@roadrunner.com.

“Snow Shoveling Scheduler Needed”

My efforts to engage the congregation is making progress on “AS THE Snow Flies... ..So, do snow shovels and blowers.” There are enough people willing to do the task occasionally and we may have a dedicated snow blower for the church.

The next hurdle is having a volunteer who can make phone calls to schedule people for the next storm. The scheduler does not have to be able to shovel but keep task on what needs to be done. Is there anyone who can volunteer for the task? Please call me!

In a plan B effort, if anyone knows of a person who can do the task consistently and be paid, please call me at 229-0377. Hervé

Books For Kids!

The Social Justice Committee is requesting new, or like-new, children's books to be given to needy children for the holidays. Jacky Peters will distribute the books to mothers at the Portland shelter where she works. The books may be among the few gifts these children receive.

Please bring a book to church on Sunday, Dec. 10 or 17. Books may be for any age child, unwrapped, so the mothers can choose one that is appropriate for her child. Jacky will make sure they are given before the holidays

Caring for our neighbors

Our collection of toiletries for the needy will continue this fall.

Look for the bin in the Parish Hall. Ginny DiMarco and Arlene Horn will deliver our gifts to the Sanford UU Church, which distributes them.

Thank you for your generosity!

Do you Need A Copy Of The Newsletter?

Paper copies of the current Church Newsletter are available for those who do not use email. They may be found on the Welcome Table in the Parish Hall. They are also available by mail. Please contact Crystal Jones, Office Administrator, to be put on the list

Winter Solstice Celebration



Amaterasu the Sun Goddess

First Parish Unitarian Universalist Church
114 Main Street, Kennebunk
985-3700

Thursday Evening
December 21, 2017
7:00 pm

All Are welcome!

- Please bring donation of non-perishable food for Community Outreach Services
 - Finger food for the After Party
- Bells, clangers, whistles and kazoos to help welcome the Sun

Funding Opportunities!

ClynK Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** deposit barrel in the kitchen. If you have more than you can carry, take home your very own green bag. The new Clynk bags are in the black filing cabinet to the right of the stage behind the back curtain.

Here is the Clynk website for more information: <https://www.clynk.com>



Do you shop at Hannaford?

Easy Fundraiser!

For every \$1000 our community spends, Hannaford will award our church \$50! If you shop at Hannaford, even a small amount, consider participating in this easy fundraiser.

Here's what you need to do...

If you are NEW to the program - Leave a check, made out to "FPUU" in the amount of \$5- 450, with "Hannaford" on the memo line, in the locked box of the church office door. We will leave a blank Hannaford gift card for you at the church.

To ADD money to your card - Leave a check, made out to "FPUU" in the amount of \$5- 450, with the four digit "PIN" from the back of your Hannaford Gift Card, on the memo line, in the locked box of the church office door.

If the total order amount is at least \$1000 we will send you an email telling you when the money will be credited to your card.

Deadline to submit checks: Monday evenings by 5 pm.

Email FPUUHannaford@gmail.com if you have questions.

Thanks! Rev. Lara, Eva and Myrna

Spiritual Growth Opportunities!

- **Embracing Aging: Moment to Moment** is a thoughtful, provocative discussion group that meets that meets **twice a month on the 2nd and 4th Wednesdays from 4 - 5:30pm** from Jan - April. **All who are aging are welcome.** FMI please contact Jaylene Summers; 207-985-7412 (L), 251-3317 (C) or jsummers@roadrunner.com.
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Meditation:** A small group meets every Wednesday from 5:05-6:30 p.m. in the parlor from September through June, or during the winter, in the Chapel. Our practice is simple. We begin with a brief check-in and reading. Then we practice silent sitting and walking meditation at our own pace. **All are welcome.**
- **Early Morning Yoga: Thursday from 7-8:15 am:** Start your day with a moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Wear comfortable clothes that allow movement. Bring a Yoga mat and props if you have them – there will be mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir: September to June. All are welcome!**
- **Connecting Circles:** Circle K will resume meeting once a month in the fall. If you would like to connect spiritually on a personal level with others, please contact Karen Tolstrup at 207-467-9149 or kdtolstrup@gmail.com.
- **An affiliated group “Ripples of Peace” Buddhist Sangha: Tuesdays, 5:15- 6:45 p.m. in the Children’s Chapel – Beginners Welcome!** Please bring cushions and/or mat for comfortable sitting – Chairs will be available. A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by reading from a Buddhist teacher. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, sjpk@roadrunner.com for info.
- **SATURDAY MEDITATION: INSIGHT DIALOGUE; A RELATIONAL PRACTICE**
First Saturday of the month, 9:30* – 11:30am, in the PARLOR. We will begin with a lightly guided meditation, share our practices & follow with Insight Dialogue Meditation - No prior experience is necessary. You are all welcome. Please join us. FMI: please contact Jaylene Summers @985-7412 * Please NOTE new time

FPUU STAFF/LEADERSHIP

MINISTER: The Reverend Lara K-J Campbell.....207-985-3700 (church) RevLaraCampbell@gmail.com
DIRECTOR OF RELIGIOUS EDUCATION: Emily C. Jones.....uuKennebunkDRE@gmail.com
MUSIC DIRECTOR:
ADMINISTRATOR: Crystal Jones.....uukennebunkoffice@gmail.com

BOARD OF DIRECTORS: 2017 – 2018 program year

CO-CHAIR: Margaret Jones.....margaretj@maine.rr.com
CO-CHAIR: Amy Wood.....amywood@amywoodpsyd.com
VICE-CHAIR: Dan MacDonald.....daniel@doornorth.com
CLERK: Kerry Hoag.....kerryhoag1@gmail.com
TREASURER: Ruth Stackpole.....paws8@roadrunner.com
 Karen Tolstrup.....kdtolstrup@gmail.com
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