



# First Parish Voices

**Worship Services**

**Sunday, February 9, at 10:30 AM**

**Truth and Reconciliation – Rev. Lara Campbell**

**Church office hours:** The church office is open Monday thru Friday from 9 am to 12  
**Rev. Lara Campbell office hours:** Tuesday thru Thursday 9am to 12pm or by appointment.  
**Rev. Lara is always available via email or cell phone.**

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## Weekly Update

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### **This Sunday! We All Eat Cake!**



"There's nothing better than cake but more cake."  
--Harry S. Truman

This Sunday, February 9th, during Coffee Hour we will celebrate the **All-Church Birthday Party!** This year's theme is the Chinese Zodiac. Please join others at your animal's table and enjoy cake, coffee and conversation.

Thank you to all those who have signed up to bring a cake or help with setup and cleanup! For more information, contact Kim Lord at [kimlord1@aol.com](mailto:kimlord1@aol.com) or 646-7925.

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### **Women For All Seasons**

On Tuesday, February 11, *Women for All Seasons* will be on artist Judy Chicago's famous installation, "The Dinner Party."

First displayed in the 1970s, it literally sets the table for 39 important women and their stories. We will meet in the church library at 6:30 p.m. and all women are welcome! Please bring A DINNER PLATE that has meaning to you, perhaps inherited or received as a gift, perhaps one you made or specially purchased. Refreshments are "potluck" and will follow around 7:45; optional, bring a small bit of fruit or other to share.

Facilitator: Leslie Trainer. Coordinator: Linda Thompson, who can be contacted with questions at 207-502-7796. (Note: Please check your email after 4:30 on the 11th if the weather looks iffy!)

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### **“Are Pigs Flying A Miracle?” ~ Anna Age 7**

Service lead by Rev. Donna Dolham

The Rev. Donna Dolham currently serves as interim minister for Denton Unitarian Universalist Fellowship in Denton, Texas. Rev. Donna will be leading our service on Sunday, February 23<sup>rd</sup>. She holds a Master of Divinity with a certificate in Ethics and Justice from Andover Newton Theological School and a master's in social work from Boston University.

## **“Every artist was first an amateur” Ralph Waldo Emerson**

PLAY WITH PAINT  
10 am to noon  
Saturday February 22  
FPUU Basement  
\$20 per person +\$5 per canvas  
limit 10 people

Pouring paint is for everyone. There is not much control over the outcome and that is the fun of it. Come and play with paint. Participants will take home at least one finished painting. Please bring a pizza box for transporting the painting

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## **Capt. Billy’s Whizbang Talent Extravaganza**

A Leap Year, extra day, winter-blues-busting, Fun(d) Raiser

YES, he’s back! Every Leap Year Captain Billy returns to the FPUU stage to host the most extraordinary entertainment lallapaloosa this side of the Mousam River.

Drawn from our gifted pool of heart-stopping (figuratively please!) entertainers, this show includes humor, music, novelty and titillating surprise. A comfort food supper featuring a variety of pizzas, plus salad and dessert (with vegan/non gluten options) is included. ----- All this for the suggested donation of \$15/person and \$5/student/child. Sliding fee scale pricing also available.

When: Saturday, Feb 29th. Doors open at 5:30 pm with supper at 6 pm. Snow date, Sunday March 1<sup>st</sup>.

Where: Parish Hall, First Parish UU Church, 114 Main Street, Kennebunk Maine.

How: Tickets can be purchased on-line at [www.uukennebunk.org](http://www.uukennebunk.org). or during coffee hour after Sunday services. Past shows have sold out. Email [al-adams@roadrunner.com](mailto:al-adams@roadrunner.com) for additional information.

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## **Sunday Morning Discussion Group**

The Sunday Morning Discussion Group is starting a new “Great Course” lecture series and reading two books during the January to June time span. Lecture series: “Exploring the Roots of Religion”, an archaeologist’s approach to understanding what was developed before 1450 AD. The 30-minute lectures are presented by “master storyteller” Professor John R. Hale at the University of Louisville. A 45-minute discussion follows each lecture.

February 23 Book discussion: A New Religious America by Diana Eck

The group will decide if they want more time with the book or to move on to the next lecture “Hunting Magic in Sacred Caves” on March 8. The above schedule may be changed due to bad weather or choir plans so watch for future announcements. All are welcome. Come when the topic interests you or come every Sunday, we meet. Meetings are in the library starting at 9:00 am. Questions: contact Ruth at [paws8@roadrunner.com](mailto:paws8@roadrunner.com)

## 2020 UUA General Assembly

We are rooted. We are inspired. We are ready.

Join us for the UUA General Assembly on June 24-28, 2020 in Providence, RI! Experience all of the amazing opportunities to enhance your faith and connect with other Unitarian Universalists. General Assembly offers workshops, programs and lectures customized and created for spiritual growth and development. You don't want to miss this incredible opportunity.

REGISTER EARLY TO SECURE YOUR SPOT: <https://www.uua.org/ga/registration>

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### Take Them a Meal

One of the ways that the members and friends of our congregation support each other is providing meals in times of grief, illness, and births. Periodically we try to update the list of volunteers so that we are not reaching out to folks who are no longer able to help in that way and so that we can include new folks. Spreading the opportunity to help among many people is essential.

If you recently received an email about an opportunity to provide a meal and you no longer wish to be on that contact list, please let Joan Wuerthner or Andrea Rohde know. If you would like to be added to the list of folks who are willing to help out, please contact them as well! We can go for many months with no requests but when the need is there, we want to be able to respond with compassion and generosity. Taking care of one another is one way we all help to make our world a better place.

Andrea Rohde Co-coordinator of the Caring Connection, [andrea.rohde49@gmail.com](mailto:andrea.rohde49@gmail.com)  
Rev. Lara Campbell Co-coordinator of the Caring Connection, [uukennebunkminister@gmail.com](mailto:uukennebunkminister@gmail.com)  
Joan Wuerthner Coordinator of the Take Then a Meal program, [joanwuerthner5@gmail.com](mailto:joanwuerthner5@gmail.com)

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### Insight Dialogue Meditation

“We meditate practicing mindfulness internally and externally” ~ the Buddha

Insight Dialogue Meditation Practice will be meeting Saturday, February 1st from 10-11:45am offsite. We will also meet March 21, April 11, & May 2, June 13, 2020. Insight Dialogue is a fully engaged interpersonal meditation practice. It is grounded in Insight Meditation and was developed by Gregory Kramer.

We continue cultivating the Beautiful qualities of Benevolence, Compassion, Joy & Equanimity with other teachings. ALL are welcome. If you are new to this practice, please contact me beforehand so that I may offer some guidance. 2 07-985-7412. If you will be attending kindly RSVP. Thank you, With Metta, Jaylene

## **Buddhist Book Group**

"The Relational Qualities of Kindness, Compassion, Joy and Equanimity are the foundation of all ethical thought, speech and action." ~ Christina Feldman

The Buddhist Book Group is meeting on Tuesday, **February 18th**, from 3- 4:30pm in the library at FPUU. We will continue reading and practicing together from page 40, Chapter 1, "Immeasurable Kindness" in Christina Feldman's beautiful book, "Boundless Heart: The Buddha's Path of Kindness, Compassion, Joy and Equanimity."

Next time we meet will be March 10, April 14, May 2 and June 9. ALL are Welcome. Please join us as we continue co-creating this sacred space together. There is a book and a seat for you. FMI please contact Jaylene Summers 207-985-7412. Thank you.

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## **Mindfully Facing Climate Change**

New: Please Save the Date: Wednesday April 1, 4-5:30pm.

"We are the generation that will set the course for the future." ~ Bhikkhu Analayo  
This is a new spiritually oriented book group that will be meeting to read, practice and discuss climate change with "*Mindfully Facing Climate Change*" by Bhikkhu Analayo.

We have finished reading and discussing "Green Buddhism: Practice and Compassion in Uncertain Times" by Stephanie Kaza.

We are taking a break on our 'Green Practice Path' and will start again with a monthly schedule on Wednesdays, April 1, May 13 and June 10, 4-5:30pm.

If you are interested and would like to participate, please contact me to sign up. All are welcome. FMI you may reach me at: [jaylenesummers@gmail.com](mailto:jaylenesummers@gmail.com) or 207-985-7412. Thank you, Jaylene Summers

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## **WIONN - Welcoming Immigrants Our New Neighbors**

We have a great need for biodegradable diapers in sizes 4, 5, and 6. Honest and 7th Generation are 2 brands available at Hannafords.

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## **MUUSAN Maine UU State Advocacy Network**

MUUSAN is supporting a very important bond issue coming right up. LD911 would send a 40 million bond issue to the voters in November to support land conservation, working waterfronts, water access and outdoor recreation. MUUSAN's partner Conservation Voters has more info if you need it. Some sites near us that would benefit are Ferry Beach, Kennebunk Plains, and Mt. Agamenticus. Right now, LMF is caught up in Augusta politics and only an outcry from constituents will raise the issue above the fray. If this issue matters to you, please contact your legislator and ask them to support LD911.



## Choir Notes



There have been long time members of the Kennebunk UU choir who have moved on to different climes - one now living in San Francisco. Paula Moulton was mentioned in an earlier article about choir and I followed through on the temptation to do a bit of an interview with her by phone.

Paula tells of starting her church singing in her 20's and she's now 82 - still a part time member of a UU choir. She tells that at one time there was no choir at First Parish UU in Kennebunk. At that time Sunday music was provided by her solo singing and by the organist. She tells it was always important to coordinate with the minister to sing music relevant to the theme of the service. This, of course, is an ongoing practice to this day.

Paula recalls singing solo every other Sunday until that commitment became difficult to sustain. Then around that time the organist also became choir director and there emerged a small number of folks who enjoyed singing. She recalls choir members arranging themselves in the narrow choir loft at the back of the church around the organist.

She also recalls that at one time before there was a choir that there were young boys who would crouch down to hand power the organ before it became electrified. In a very recent year when our previous music director Charlie Grindle was playing the organ a problem arose with the electric motor for the organ. Ian Durham's son came to our rescue - crouching into that small space to hand power the bellows. A very memorable event.

She fondly recalls Kathy Rochon who had a choir director's special abilities to inspire interest, enthusiasm and find music with the right level of challenge that is also appropriate in its lyrics for the unique Unitarian service.

Choir makes memories, builds camaraderie and friendships, brings out and builds upon latent musical skills. And introduces new choir directors with unique leadership skills such as we now have with our Molly Petrik. Only at certain times - such as Christmas or Solstice - do we crowd into the back-choir loft as we now have a beautiful piano to accompany us donated by Jaylene Summers and Rich Gaito.

Paula remarks that music is the heart of the church. There is a magic in the harmonies of choir singing that lifts even the weariest of hearts. The size of the choir swells and contracts and there is always joy to welcome new singers. Ginny Lawrence

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### **Upcoming Music Events at FPUU: Please Save the Dates**

1. Matt Meyer will be presenting a service on Sunday, March 15<sup>th</sup>. It will be followed by a Singing Workshop called "Song Leading for Justice" to be held from 1 to 2:30pm.
2. Dr. Hsiang Tu will be returning to offer a piano recital of ALL Chopin music on Friday, April 3rd at 7:00pm in the Sanctuary.

## **From the Archives**

February 2020

George Wells

Our third minister was George W. Wells of Boston. He served from 1827-1838. While other Sunday schools in Maine tended to be formed and then expire, at least temporarily, ours happily continued uninterrupted through this difficult period when Maine was first being admitted to the Union. We are able to claim that ours is the oldest Sunday school in the State of Maine that has maintained continued existence.

Rev. Wells was a very young minister, a diligent activist and our Sunday school was greatly stimulated under his guidance by the formation of the "Kennebunk Sunday School Society. It had been apparent that a number of poor children would need clothing from time to time to enable them to attend Sunday school, and on the evening of March 12, 1829, the young ladies of the parish met at the Home of Col. Enoch Hardy, (three doors down from what is now the Police Station on Summer Street.)

The members were quite ingenious in developing marketable items which they could produce such as fancy items for fairs and other organizations. A paper lantern that Rev. Wells had noticed on a trip to Boston was copied and became a very popular item. At the same time the Society managed to supply sheets and pillowcases to needy families in times of sickness, and the annual fairs that came later in the century were most productive. Eventually the interests of the Society went beyond the Sunday School to fund other projects both within and outside of the parish.

## A Little History on Our Paul Revere Bell

Our Historian had written a letter to the Massachusetts Historical Society to try and get clarification as to if Paul Revere were here himself, here is the response!

Hello! I am the newest Historian at First Parish UU in Kennebunk Maine. We have an 1803 Revere Bell and I have been asked if there is some way to follow up on a rumor that Paul Revere himself came to supervise the installation of the bell in the 1803-1804 time period. I imagine if there are business records still extant about the day to day there might be a hint. I have looked at what we have in our archives (certainly not a complete record of our history) and have not found reference. Hope you can help with this. Maine is celebrating our Bi-Centennial as a state this year and suddenly everyone is interested in history! That's a good thing  
K. Tolstrup

### Response:

Dear Ms. Tolstrup,

Thank you for contacting the Massachusetts Historical Society with your question about the installation of your Revere Bell! My name is Hannah Elder and I am a library assistant here at the Society. I'm originally from Maine, and I'm so glad to hear that the bicentennial is leading to a renewed interest in history!

I took a quick look through the microfilm version of the Revere Family Papers

(<https://www.masshist.org/collection-guides/view/fa0017>), including Reels 2 and 5, which include materials such as business papers and family letters from the time your bell was installed. Unfortunately, I was unable to confirm or deny whether Revere participated in the installation of the bell, though the information I did find seems to indicate that Revere was not present. According to Volume 5, a wastebook covering June 1804-July 1811, Revere received payment of \$452.28 from the "Town of Kennebunk (parish of Wells)" for "a Bell" on August 14, 1804. The heading on the entry was "Boston 1804." Additionally, I could not find any evidence on Reel 2 (loose papers for 1802-1813) that Revere was traveling in August 1804, so it seems likely to me that Revere was in Boston at the time.

I'm sorry I couldn't provide a more concrete answer, but I hope this information is helpful! If you have any further questions, please do not hesitate to ask.

Best,  
Hannah



## Coming of Age ~ A Poll on Their Beliefs

Our Coming of Age Youth Group, an eclectic bunch of very interesting individuals, has been discussing death and dying lately. This past Sunday they polled the attending congregation about some of their beliefs.

The results are in:

Do you believe in heaven?

Yes 9

No 26

Undecided 9

Do you believe in God or a Higher power?

Yes 22

No 15

Undecided 8

Have you ever experienced ghosts or ghost energy?

Yes 22

No 21

Undecided 2

Have you ever communicated with someone who is dead?

Yes 18

No 25

Do you believe souls are reborn through reincarnation?

Yes 14

No 20

Undecided 12

Would you want to be reincarnated?

Yes 18

No 19

Undecided 8

Thank you to those that participated.

## **Sermons Can Be Found On-Line**

You can listen to past sermons online! Go to [uukennebunk.org](http://uukennebunk.org), click on the 3rd box on the left side "Latest Sermon: Audio" or if you want to check the archives " View all sermons in our archive" So... if you missed a week or want to hear a particular sermon again you can!

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## **Caring For Our Neighbors**

Our collection of toiletries for the needy will continue as the year goes on. Look for the bin in the Parish Hall. Ginny DiMarco and Arlene Horn will deliver our gifts to the Sanford UU Church, which distributes them. Thank you for your generosity!

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## **Do you Need A Copy of The Newsletter?**

Paper copies of the current Church Newsletter are available for those who do not use email. They may be found on the Welcome Table in the Parish Hall. They are also available by mail. Please contact Crystal Jones, Office Administrator, to be put on the list.

# Funding Opportunities!

## ClynK Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** deposit barrel in the kitchen. If you have more than you can carry, take home your very own green bag. The new Clynk bags are in the black filing cabinet to the right of the stage behind the back curtain.

Here is the Clynk website for more information: <https://www.clynk.com>



**Do you shop at Hannaford?**

**Easy Fundraiser!**

**For every \$1000 our community spends, Hannaford will award our church \$50!** If you shop at Hannaford, even a small amount, consider participating in this easy fundraiser.

Here's what you need to do...

**If you are NEW to the program** - Leave a check, made out to "FPUU" in the amount of \$5- 450, with "Hannaford" on the memo line, in the locked box of the church office door. We will leave a blank Hannaford gift card for you at the church.

**To ADD money to your card** - Leave a check, made out to "FPUU" in the amount of \$5- 450, with the four digit "PIN" from the back of your Hannaford Gift Card, on the memo line, in the locked box of the church office door.

If the total order amount is at least \$1000 we will send you an email telling you when the money will be credited to your card.

Deadline to submit checks: Monday evenings by 5 pm.

Email [FPUUHannaford@gmail.com](mailto:FPUUHannaford@gmail.com) if you have questions. Thanks! Rev. Lara, Eva and Myrna

# Spiritual Growth Opportunities!

- **Embracing Aging:** Moment to Moment is a thoughtful, provocative discussion group open to any senior who is interested in sharing the aging journey with others. This group will meet on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month, from 4:00-5:30pm in the Parlor., January thru April. The contact person is Helen Rousseau at [hrousseau@roadrunner.com](mailto:hrousseau@roadrunner.com) of 207-332-0046. If you are Aging, you are Welcome! Please Join us!
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe Wright 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Small Group Ministry:** Small Group meets on the first and third Tuesday each month from Sept. through June, in the FPUU Library, 1-3 p.m. Discussions are wide ranging, with the purpose of deepening relationships, spirituality and sharing community. Newcomers are welcome. FMI Virginia DiMarco 985-7238
- **Wednesday Meditation** This small group of meditators follows a simple practice of sharing a Buddhist reading followed by silent sitting and walking meditation at our own pace. All are welcome. Sessions are held from 5:05 to 6:35 p.m. in the church library on Wednesday throughout the church year, but occasionally must be cancelled. For more information contact Tim Ericson: 207-985-421, [timericsonmsw@gmail.com](mailto:timericsonmsw@gmail.com).
- **Early Morning Yoga: Thursday from 7-8:15 am:** Start your day with a moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Wear comfortable clothes that allow movement. Bring a Yoga mat and props if you have them – there will be mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir:** September to June. All are welcome!
- **An affiliated group “Ripples of Peace” Buddhist Sangha: Tuesdays, 5:15- 6:45 p.m,** in the Children’s Chapel – Beginners Welcome! A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by a reading from a Buddhist teacher. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, [sjpk@roadrunner.com](mailto:sjpk@roadrunner.com) for info.

## FPUU STAFF/LEADERSHIP

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