



First Parish Voices

Worship Services

Sunday, February 11th, at 10:30 AM

The Promise and The Practice – Rev Lara Campbell

Church office hours: The church office is open Monday thru Friday from 9 am to 12
Rev. Lara Campbell office hours: Tuesday, Wednesday and Thursday 9 to 12 and by appointment

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Weekly Update

Maine State Senate Opening Prayer

Rev. Lara Campbell

Opening Prayer, Maine State Senate

February 1, 2018.



First let me thank Senators Deschambault and Collins for inviting me to be with you this morning.

Please join me in a moment of prayer and reflection.

Spirit of life and love, who is known by many names and remains unnamed by others, we ask for your blessing on this and every day.

We gather in this hallowed place, aware that we are just one part of its story. Aware that the people of Maine have called all who serve here to be the stewards of our State, if only for a short time in its long history.

Help us to hold fast to the hopes and dreams of those we serve. Knowing that we are all connected. And believing that the well-being of one impacts the well-being of many.

Help us to use the gifts we have been given responsibly. Speaking our truth with love and respect. And listening with an open mind and heart.

Help us to be patient and forgiving. Realizing that mistakes are inevitable and perfection is impossible. And remembering that laughter can make the hard work easier.

Help us to reach out rather than in. Setting aside our individual differences and personal gains. And courageously reaching across the aisle.

Spirit of life and love, help us to lend a hand, light the way, and build beloved community, both here and at home.

So let us be about this challenging and rewarding work. Let give thanks on this and every day.

We ask this in the name of all that we hold sacred and holy.

--Blessed be and amen.

All Church Birthday Celebration Thank You!

A most grateful "THANK YOU" to all who provided the wonderfully varied cakes (and pie!) for the All-Church Birthday Party! And a special "THANK YOU" to those who helped with set up, decorating and clean up!

Thanks to you, we were able to enjoy warm fellowship over delicious cake. A great time was had by all! From Your Membership Committee



♪♪♪ Song Swop ♪♪♪

The purpose of the SONG SWOP is to have fun sharing music together. We meet on the second Friday of every month from 7 - 9pm in the Parlor. The next one is Friday, February 9th, from 7 - 8pm. Both performers and listeners of all ages are welcome. Acoustic instruments only please. Light refreshments available. Suggested Donation \$3. FMI contact Bruce Childress at bruce@bcpipes.com or Rich Gaito at captgainto@gmail.com

Women For All Seasons

Women for All Seasons will meet in the FPUU Library, 6:30-8:30 p.m. on Feb. 13 to celebrate Valentine's Day. All are welcome.

Embracing Aging: Moment To Moment

NEW SCHEDULE: EMBRACING AGING: MOMENT TO MOMENT

Wednesday FEBRUARY 14, 4-5:30pm in the Parlor; Rev Lara & Joan O'Hara will be facilitating the group as we explore; "Developing A Musical Playlist". Wednesday FEBRUARY 21, 4 - 5:30pm in the Parlor; Rev Lara & Cathy Fellenz will be facilitating our discussion; "Managing Uncertainty".

If you are Aging, you are Welcome! Please join us.

FMI please contact Rev Lara or Jaylene Summers. Thank you.

Please bring a notebook or pad and pencil or pen for BOTH sessions.

2018 – Winter-Blues Buster ‘Nifty 50’s’ Dinner and “Your Talent Cavalcade” Variety Show

Welcome to our 4th annual Kennebunk UU winter (Fun)d-raiser. Do you remember Sid Ceasar, Imogene Coca, Jackie Gleason, Perry Como, Dinah Shore and Ed Sullivan? This year we'll be tipping our hat to the great Classic TV variety shows of the 1950's. We'll harken back to the music, song, commercials, comedy skits, and novelty acts of that time performed by our very own pool of 1 st Parish talent.

The Show will follow a dinner which features an Italian specialty whose popularity swept the nation in the 1950's following the return of WWII GIs who first tasted it in Italy. A beverage, salad and dessert will be included. This event is limited to 100 people. We've always had a full house, so buy your tickets on line now to avoid missing out.

When: 6 PM on Friday Feb 16, 2018 (Snow date, Saturday Feb 17, 2018) Location: First Parish Unitarian Universalist Church 114 Main Street Kennebunk, ME 04043. BUY TICKETS ON OUR WEBSITE at www.uukennebunk.org or call: Andrea Rohde, 985-3517. Event Fees: Adults \$25 Teens \$15 Kids Free. Childcare will be provided.

Leadership Forum Meeting

Leadership Forum for all committee chairs, on February 26th, from 6:00 to 8:00pm. If you are unable to attend, please send a representative.

Memorial For Dean Meggison

Please join us for the celebration of Dean Meggison's life. A Memorial Service will be held on March 24th, at 2pm, at First Parish. In lieu of flowers, memorial donations may be made to the Kennebunk High School Scholarship Fund, 89 Fletcher Street, Kennebunk, ME 04043.

Summer is Near!

Looking for something to do this summer ... for a young person or yourself? And some bucks to spend on ice cream and more!A Job Fair will be held Monday, March 12 from 2:00-5:00 at the Kennebunk Town Hall Auditorium. This is sponsored by the Chamber of Commerce and the town of Kennebunk. Job seekers and employers are invited. For more information call the Chamber at 967-0857.

Name Tags

If you are a new member or have requested a new name tag, please keep checking the bulletin board next to the membership table. Everyone few weeks, when we have enough to print, we will print them out and place them there for you to pick up. Thank you so much!

Helping Our Neighbors

Community Outreach Services (COS) is our locally based organization serving the Kennebunks, providing our neighbors food and heating fuel and helping in many other ways when folks hit a rough spot in the road. Thank you for continuing to bring to the blue bins in the Parish Hall at church. This time of winter after the holidays is the lean time for donations. Thank you, *Susan and Robert Jack*, who cart these food donations to the COS Food Pantry at St. Martha's Church. This food is then delivered from St. Martha's to a town hall so that it can be picked up by the person requesting it. Thank you *Megan Pollino, Ted Trainer, Bob Thurm, Karen Tolstrup and Kathe Wright* who take a few hours every month to pack and deliver the boxes to town halls.

And also thank all of you who help at the Friday morning Food Pantry at St. Martha's!

First Parish is doing its part to step up and help on the local level through COS. Kudos for that!. Check out the website - coskennebunks.org. Donations are always welcome through the website, or checks can be mailed to P.O. Box 1175, Kennebunk, ME 04043. You can give me, Kathe Wright, a call 985-6194 with any questions or if you would like to volunteer for COS.

Did you know?????

You can listen to past sermons online! Go to uukennebunk.org, click on the 3rd box on the left side "Latest Sermon: Audio" or if you want to check the archives " View all sermons in our archive"

So... if you missed a week or want to hear a particular sermon again you can!

Come One, Come All!

Join our Sunday Service Greeter and Usher teams. Plenty of opportunities to help make our Sunday services more welcoming. Please sign up or contact Nancy Dorn (Greeters) or Ted Trainer (Ushers).

Also a gentle reminder for those who do sign up but subsequently cannot make it, please let Nancy or Ted know as much ahead of time as possible. Thank you

Caring for our neighbors

Our collection of toiletries for the needy will continue as the year goes on.

Look for the bin in the Parish Hall. Ginny DiMarco and Arlene Horn will deliver our gifts to the Sanford UU Church, which distributes them.

Thank you for your generosity!

Do you Need A Copy Of The Newsletter?

Paper copies of the current Church Newsletter are available for those who do not use email. They may be found on the Welcome Table in the Parish Hall. They are also available by mail. Please contact Crystal Jones, Office Administrator, to be put on the list

Talent Cavalcade

WFPU's Winter Blues Buster Fundraiser Classic 1950's TV Variety Show and Dinner

6 pm—Dinner—taste sensations rocking the nation

7 pm—Vitameatavegamin presents...

Your Show of Shows

“Talent Cavalcade”

Song, Drama, Comedy, Music, Novelty

Friday, February 16, 2018 (snow date 2/17)

FPUU Church, 114 Main St, Kennebunk

\$25 Adults, \$15 Teens, Kids free

Space is Limited

[Purchase tickets on-line now at www.uukennebunk.org](http://www.uukennebunk.org)

Or call Andrea Rohde at 985-3517

Childcare Available

Funding Opportunities!

ClynK Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** deposit barrel in the kitchen. If you have more than you can carry, take home your very own green bag. The new Clynk bags are in the black filing cabinet to the right of the stage behind the back curtain.

Here is the Clynk website for more information: <https://www.clynk.com>



Do you shop at Hannaford?

Easy Fundraiser!

For every \$1000 our community spends, Hannaford will award our church \$50! If you shop at Hannaford, even a small amount, consider participating in this easy fundraiser.

Here's what you need to do...

If you are NEW to the program - Leave a check, made out to "FPUU" in the amount of \$5- 450, with "Hannaford" on the memo line, in the locked box of the church office door. We will leave a blank Hannaford gift card for you at the church.

To ADD money to your card - Leave a check, made out to "FPUU" in the amount of \$5- 450, with the four digit "PIN" from the back of your Hannaford Gift Card, on the memo line, in the locked box of the church office door.

If the total order amount is at least \$1000 we will send you an email telling you when the money will be credited to your card.

Deadline to submit checks: Monday evenings by 5 pm.

Email FPUUHannaford@gmail.com if you have questions.

Thanks! Rev. Lara, Eva and Myrna

Spiritual Growth Opportunities!

- **Embracing Aging: Moment to Moment** is a thoughtful, provocative discussion group that meets **twice a month, 4 to 5:30 p.m.**, from Jan - April. **All who are aging are welcome.** FMI please contact Jaylene Summers; 207-985-7412 (L), 251-3317 (C) or jsummers@roadrunner.com.
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Meditation:** A small group meets every Wednesday from 5:05-6:30 p.m. in the Library from September through June, or during the winter, in the Chapel. Our practice is simple. We begin with a brief check-in and reading. Then we practice silent sitting and walking meditation at our own pace. **All are welcome.**
- **Early Morning Yoga: Thursday from 7-8:15 am:** Start your day with a moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Wear comfortable clothes that allow movement. Bring a Yoga mat and props if you have them – there will be mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir: September to June. All are welcome!**
- **Connecting Circles:** Circle K will resume meeting once a month in the fall. If you would like to connect spiritually on a personal level with others, please contact Karen Tolstrup at 207-467-9149 or kdtolstrup@gmail.com.
- **An affiliated group “Ripples of Peace” Buddhist Sangha: Tuesdays, 5:15- 6:45 p.m. in the Children’s Chapel – Beginners Welcome!** Please bring cushions and/or mat for comfortable sitting – Chairs will be available. A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by reading from a Buddhist teacher. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, sjpk@roadrunner.com for info.
- **SATURDAY MEDITATION: INSIGHT DIALOGUE; A RELATIONAL PRACTICE**
First Saturday of the month, 9:30 – 11:30am, in the PARLOR. We will begin with a lightly guided meditation, share our practices & follow with Insight Dialogue Meditation - No prior experience is necessary. You are all welcome. Please join us. FMI: please contact Jaylene Summers @985-7412

FPUU STAFF/LEADERSHIP

MINISTER: The Reverend Lara K-J Campbell.....207-985-3700 (church) RevLaraCampbell@gmail.com
DIRECTOR OF RELIGIOUS EDUCATION: Emily C. Jones.....uuKennebunkDRE@gmail.com
MUSIC DIRECTOR: Molly Petrik.....uukennebunkmusic@gmail.com
ADMINISTRATOR: Crystal Jones.....uukennebunkoffice@gmail.com
BOOKKEEPER: Barbara Boscia.....uukennebunkbookkeeper@gmail.com

BOARD OF DIRECTORS: 2017 – 2018 program year

CO-CHAIR: Margaret Jones.....margaretj@maine.rr.com
CO-CHAIR: Amy Wood.....amywood@amywoodpsyd.com
VICE-CHAIR: Dan MacDonald.....daniel@doornorth.com
CLERK: Kerry Hoag.....kerryhoag1@gmail.com
TREASURER: Ruth Stackpole.....paws8@roadrunner.com
Karen Tolstrup.....kdtolstrup@gmail.com
Christine Thurm.....ccthurm@yahoo.com