

First Parish Voices

Worship Services

Sunday, July 15, at 9:30 AM

Apostle of the East – Rev Lara Campbell and Russell Lawson

Church office hours: The church office is open Tuesday thru Thursday from 9 am to 12

Rev. Lara Campbell office hours: Monday-Thursday 9 am to 12 pm or by appointment EXCEPT: June 18-25: UUA General Assembly; July 1-8 and 16-21: Vacation. She is always available via email or cell phone.

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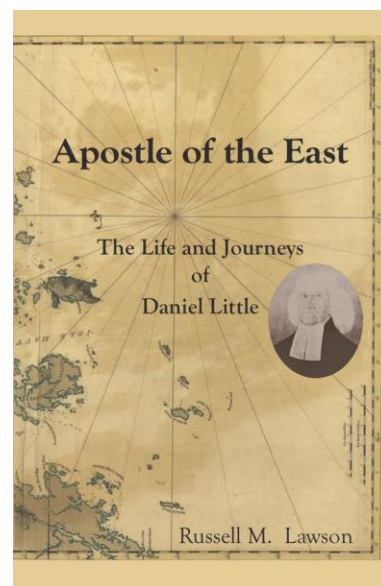
Weekly Update

Special Service – July 15, 2018

Sunday July 15th at 9:30 AM, join us for a special worship service and reception with historian and author, Russell Lawson. He will share excerpts from his latest book *Apostle of the East: The Life and Journeys of Daniel Little*. Rev. Daniel Little served our congregation from 1751-1800. In addition to hearing from Russell Lawson, Rev. Lara will offer a reflection on the life of our first minister. Special music provided by Richard (Ziggy) Eisner, a member of the Grants Pass, Oregon Unitarian Universalist Congregation.

Our usual refreshment time will serve as a reception, giving you a chance to meet with Russell and purchase his book.

About the book: In 18th century America, Daniel Little became known as the "Apostle of the East" by his contemporaries and admirers for his many missionary journeys along Maine's eastern frontier. He spent much of his life ministering to the English settlers and Indians of the Penobscot valley. Follow his fascinating life story in Russell Lawson's latest book.



Russell M. Lawson was born and raised in Tulsa, Oklahoma. His first intellectual interest was in ancient Greek mythology, which led to a lifelong interest in the history of the ancient Mediterranean. Russell majored in history at Oklahoma State University; while at OSU he met Linda Phillips; they were married in 1979. He received a master's degree in Ancient Mediterranean history from OSU. Russell graduated from the University of New Hampshire with a Ph.D. in American history. He is a Professor of History at Bacone College in Muskogee, Oklahoma. During the past two decades he has published a variety of different books and has a couple of more on the way. Russell and Linda are the proud parents of three adult sons.

Blueberry Fair; Final Logistics Meeting!

Everyone is welcome to find how we smoothly run a Blueberry Fair. Join us at our final meeting. You are invited to this meeting on Monday, July 23, 2018 at 6:30pm to 8:00pm in the Church Library. We will be reviewing the logistics of the Fair day and additional thoughts to make this a successful and fun event day.

We are still soliciting for event volunteers that have not been filled so far. See the sign-up sheets on the bulletin board. Help us bring new folks into the activity.

Added below is the list of coordinators with one open spot for opportunity by someone you might know.

The Primary Coordinators:

1. Overall Coordinators:	Jacky Peters, Hervé Lavoie
2. Monies Coordinator:	Ruth Stackpole
3. Vendor Craft Tents/Space Coordinator:	Tom Veronesi
4. Publicity & Poster Distr. Coordinators:	Karen Tolstrup / Andrea Rhodes
5. Jewelry Table Coordinator:	Karen Tolstrup / Helen Rivas-Rose
6. Food – Purchasing Coordinator:	Joe Carroll
7. – Baked Goods Caller:	Beth Andersen
8. – Cooking Hot dogs, Soda/Chips:	Alexandra & Ric McCabe
9. -- Vegan offerings outside:	Marylyn Wentworth
10. – Dining Room Coordinator:	Christine Thurm
11. – Kitchen Coordinator:	Ann Boyce
12. Music Entertainment:	Bruce Childress
13. Muffins/pie table team:	Andrea Rohde
14. Sound System setup:	Hervé Lavoie
15. Vendor Tent Lines marking:	Tom Veronesi
16. Food Tents setup:	Hervé Lavoie
17. Recycling setup:	Stacy Wentworth
18. Lunch Posters and tickets:	Sally Keene
19. Coffee & Carboy Donations	Dan Lyons
20. Inside Pie Cutters/Coordinator	Susan Jack
21. Kayak Raffle setup and sales	???

Please join the fun!!!

Jacky and Hervé

Blueberry Fair Muffins, Buckles, and Pies; Oh My!

We are gathering quite a list of donors for the main stay of delicious soul-food. We are requesting that all pies, Muffins, and Buckles be delivered on Friday, July 27 between 4:00 and 6:00 pm so we can setup for the next day. Please try not to deliver on Saturday because of the interruption it will cause.

We have attached a recipe to the newsletter email for use with the Buckle donors. Please use only an 8x8 inch pan to avoid uncooked centers. A copy of the recipe is also attached on the bulletin board.

Hervé & Jacky

Blueberry Bakers Needed!!

There is nothing better than a Blueberry Pie on a beautiful Maine summer day! We are still in need of several pies for the Blueberry fair on July 28th. If you are able to make one or two please sign up in the Parish Hall.

Jewelry Wanted

Every year at the Blueberry Fair we sell jewelry donated by members and friends of the church. We make a considerable amount of money from this table. Please start bringing in jewelry items now. They can be left in the basket labeled jewelry on top of the mailboxes, which are located in the office. No item is too simple or too nice!

Wake Now

Who Lives, Who Dies, Who Tells Your Story? We at First Parish are a strong community, for which we can thank ourselves, all those before us who built the foundation on which we so gratefully stand, and the UUA, which continues to support us. How, you may ask? #3: helping us recruit our minister. Ask any one who has served on a ministerial search committee about how essential the UUA was to their work. Otherwise we never would have found Rev. Lara! Think about how you can help keep us strong. Talk with a member of our Wake Now Committee: Eva Downs, Kerry Hoag, Margaret Jones, Jay Kilbourn, Ted Trainer or Rev. Lara.

The Steeple Repairs Project!

The Steeple repair work for the month of June has ended. The tents are taken down, and property has been cleaned out. We want to thank all the volunteers for their painting efforts. We saved ~\$3,500 of otherwise professional hired help. The added benefit was finding time to get the porch painted. The white fence will remain down for the 5K Run managed by the Library. The Church area will be used by them on Friday, July 13th.

Five of our eight column bases at the clock level will be installed on the week of July 09 by Stacy and Nate Davenport carpenters.

The steeple was completely surveyed by Resurgence Engineering and Preservation, Inc. providing the First Parish Preservation Foundation the opportunity to write a grant for up to \$60,000 funding on this project. The Phase 1 total project cost is ~\$46,000. There will be an additional ~\$20,000 required to finalize the Belfry area repairs/painting and sub-cellar flooring reinforcement, targeted as a Phase 2 effort, and will be done when funding is made available.

The draft report finds this steeple structure in excellent condition thanks to the years of upkeep done by other members of this church.

If you are interested in more detail, please talk to Hervé or Stacy.

Project Co-Leaders, Hervé & Stacy

Summer Lunch Program

FPUU will be part of the Summer Lunch Program again this year! Children who qualify for reduced fee or free lunch during the school year can get a nutritious lunch on weekdays, provided by COS and Community Harvest. On Mondays, beginning on July 9, FPUU's kitchen will be the prep site. If you would be interested in participating, contact Karen Tolstrup at 467-9149 for further details. You can come once or for the summer, it's up to you. A great way to feel good.

Your Spare Bedroom can help the church!

First Parish offers professional development workshops for science teachers every summer. The workshops, which teach the guided inquiry method, have grown from the humble beginnings of 9 physics participants in 2006 to 42 this past summer in biology, chemistry, and physics. Graduates of our workshops give them rave reviews and their popularity is largely driven by word of mouth. This program is beginning its 12th season and has been made successful by the generous volunteer efforts of the FPUU membership! The program not only supports UU faith in science, but also is our biggest fundraiser. The reason we raised more than \$25,000 through this program last year is — our spare bedrooms! Members and friends welcomed one or two science teachers into our homes, so they can have a place to sleep. They get their meals at church or at local restaurants. This “spare bedroom donation” enables teachers to attend our programs, because it lowers their overall expense. Our hospitality and the excellence of our program spell success.

This summer’s program will take place two weeks: July 22 - 27, and July 29 - Aug. 3. If you have a spare bedroom available for one or both of these weeks, and you are comfortable hosting a teacher, please call Vicki Adams, 207-216-3890. You can support science and help make a real dent in the First Parish budget!

Did you know?????

You can listen to past sermons online! Go to uukennebunk.org, click on the 3rd box on the left side "Latest Sermon: Audio" or if you want to check the archives " View all sermons in our archive" So... if you missed a week or want to hear a particular sermon again you can!

Caring for our neighbors

Our collection of toiletries for the needy will continue as the year goes on. Look for the bin in the Parish Hall. Ginny DiMarco and Arlene Horn will deliver our gifts to the Sanford UU Church, which distributes them. Thank you for your generosity!

Do you Need A Copy Of The Newsletter?

Paper copies of the current Church Newsletter are available for those who do not use email. They may be found on the Welcome Table in the Parish Hall. They are also available by mail. Please contact Crystal Jones, Office Administrator, to be put on the list

2018 Summer Worship Schedule

<u>DATE</u>	<u>PRESENTER(S)</u>	<u>TITLE</u>	<u>COORDINATOR</u>
6.17.18	The Rev. Lara Campbell	Snippets from UU General Assembly	The Rev. Lara Campbell
6.24.18	Bob Lown	Notes from a Former Selectman	Rachel Wells
7.1.18	Patrick Conner	Embodied Spirituality	Sally Keene
7.8.18	Meredith Norris	What Would You Do?	Ted Trainer
7.15.18	The Rev. Lara Campbell and Russell Lawson	Apostle of the East	The Rev. Lara Campbell
7.22.18	Geoff and Linda Haley	Habitat in Guatemala	Susie Landgrebe
7.29.18	The Rev. Lara Campbell	Secure Yourself to Heaven	The Rev. Lara Campbell
8.5.18	Bernie Reim	The Great American Total Solar Eclipse	Ted Trainer
8.12.18	The Rev. Lara Campbell	Gettin' Crafty	The Rev. Lara Campbell
8.19.18	Stacy Wentworth and Family	Climate Change: A Moral Dilemma	Rachel Wells
8.26.18	Thursday Writers Group	The Alchemy of Writing	Susie Landgrebe
9.2.18	Mary Boucher	The Gift of Laughter	Sally Keene

Funding Opportunities!

ClynK Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** deposit barrel in the kitchen. If you have more than you can carry, take home your very own green bag. The new Clynk bags are in the black filing cabinet to the right of the stage behind the back curtain.

Here is the Clynk website for more information: <https://www.clynk.com>



Do you shop at Hannaford?

Easy Fundraiser!

For every \$1000 our community spends, Hannaford will award our church \$50! If you shop at Hannaford, even a small amount, consider participating in this easy fundraiser.

Here's what you need to do...

If you are NEW to the program - Leave a check, made out to "FPUU" in the amount of \$5- 450, with "Hannaford" on the memo line, in the locked box of the church office door. We will leave a blank Hannaford gift card for you at the church.

To ADD money to your card - Leave a check, made out to "FPUU" in the amount of \$5- 450, with the four digit "PIN" from the back of your Hannaford Gift Card, on the memo line, in the locked box of the church office door.

If the total order amount is at least \$1000 we will send you an email telling you when the money will be credited to your card.

Deadline to submit checks: Monday evenings by 5 pm.

Email FPUUHannaford@gmail.com if you have questions. Thanks! Rev. Lara, Eva and Myrna

Spiritual Growth Opportunities!

- **Embracing Aging: Moment to Moment** is a thoughtful, provocative discussion group that meets twice a month, 4-5:30pm from January - April. In 2019, Helen Rousseau is the contact person at hrousseau@roadrunner.com or 207-332-0046.
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe Wright 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Meditation:** A small group meets every Wednesday from 5:05-6:30 p.m. in the Library from September through June, or during the winter, in the Chapel. Our practice is simple. We begin with a brief check-in and reading. Then we practice silent sitting and walking meditation at our own pace. Please contact Cynthia Riley for more information at 207-646-5407 or cgriley85@gmail.com . **All are welcome.**
- **Tuesday Small Group Ministry:** On the first and third Tuesday of each month, Sept. thru June, Small Group meets in the FPUU Library 1-3 p.m. The purpose is to deepen relationships and spirituality, and to share community through discussion, in a safe environment. **Newcomers welcome.** FMI: Virginia DiMarco 985-7238.
- **Early Morning Yoga: Thursday from 7-8:15 am:** Start your day with a moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Wear comfortable clothes that allow movement. Bring a Yoga mat and props if you have them – there will be mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir:** September to June. All are welcome!
- **Connecting Circles:** Circle K will resume meeting once a month in the fall. If you would like to connect spiritually on a personal level with others, please contact Karen Tolstrup at 207-467-9149 or kdtolstrup@gmail.com.
- **An affiliated group “Ripples of Peace” Buddhist Sangha: Tuesdays, 5:15- 6:45 p.m.** in the Children’s Chapel – Beginners Welcome! A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by a reading from a Buddhist teacher. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, sjpk@roadrunner.com for info.
- **INSIGHT DIALOGUE-SATURDAY MEDITATION; A RELATIONAL PRACTICE** This meditation group will resume meeting after the summer on Saturday, SEPTEMBER 8 from 9:30-11:30am in the Parlor. Insight Dialogue Meditation is a fully embodied relational practice. We meet (usually) the first Saturday of the month. We begin with a lightly guided meditation followed by group sharing and Insight Dialogue Meditation Practice. No prior experience is necessary. This is a 'drop-in' group, and ALL are welcome. Please Join Us. For more information please contact Jaylene Summers; jsummers@roadrunner.com or 207-251-3317. Thank you.

FPUU STAFF/LEADERSHIP

MINISTER: The Reverend Lara K-J Campbell.....207-985-3700 (church) RevLaraCampbell@gmail.com
DIRECTOR OF RELIGIOUS EDUCATION: Emily C. Jones.....uuKennebunkDRE@gmail.com
MUSIC DIRECTOR: Molly Petrik.....uukennebunkmusic@gmail.com
ADMINISTRATOR: Crystal Jones.....uukennebunkoffice@gmail.com
BOOKKEEPER: Barbara Boscia.....uukennebunkbookkeeper@gmail.com

BOARD OF DIRECTORS: 2017 – 2018 program year

CO-CHAIR: Margaret Jones.....margaretj@maine.rr.com
CO-CHAIR: Amy Wood.....amywood@amywoodpsyd.com
VICE-CHAIR: Dan MacDonald.....daniel@doormorth.com
CLERK: Kerry Hoag.....kerryhoag1@gmail.com
TREASURER: Ruth Stackpole.....paws8@roadrunner.com
 Karen Tolstrup.....kdtolstrup@gmail.com
 Christine Thurm.....ccthurm@yahoo.com