



# First Parish Voices

**Online Worship Services**  
**Sunday, August 1, at 9:30 AM**  
**We Gather Together**  
**Rev. Lara Campbell**

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# Weekly Updates

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## A few notes about our in-person worship service on August 1<sup>st</sup>

Worship will be both online and in-person starting at 9:30 am. Those joining in-person will gather on the lawn outside the meeting house, weather permitting.

**Please be aware that the congregational well-being task for is recommending the following:**

- Masks must be used (because we cannot socially distance and the delta variant is very contagious)
- There will be programing for the kids in the area between the building and the hearse house



- Please bring a lawn chair (if you forget we will have the plastic church chairs)



- For joys and sorrows we will ask you to submit a written slip of paper for Rev. Lara or the Worship Associate to read, they will also read the joys and sorrows from the chat window.

- We will not be singing – we may hum softly



- We will not “greet your neighbor” or hold hands at the end of the service.
- There will be no “coffee hour” in person, but there will be for those online
- Restrooms in the building are open one person at a time, they are now single use, gender non-specific



**If you are not comfortable following these safety precautions, you are welcome to join online.**

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## Music Director & Choir Update:

The Search Committee of Rev Lara, Margaret Jones and Jaylene Summers are actively looking for a Music Director. If you have any suggestions, please contact one of us. Thank you, Jaylene Summers.

## Special Thanks

The generosity of members, family and friends of FPUU is unparalleled.

We would be remiss to not give special mention to Dan and Vicky Lyons who generously donated coffee from their business, Katahdin Coffee. It surely got the day off to an energetic start and kept volunteers and fair goers fueled throughout the day! Thank you, Dan and Vicky and [katahdincoffee.com](http://katahdincoffee.com)!

Bob and Joan Wuerthner's son also made his annual donation to the fair, crabmeat for 80 rolls! Thanks, Scout Wuerthner!

Alicia Soliman's daughter Margen not only provided her bakery kitchen on the 4th of July for our pie baking team but spent her own holiday rolling all of the pastry for the 40 pies that were made. Thank you, Margen! Thank you, [mugbuddycookies.com](http://mugbuddycookies.com)

Our FPUU blueberry craft table was staffed by the marvelous team of Lila, Hazel, and Macy. They are the granddaughters of Ginny Lawrence and Marylyn and Stacy Wentworth. Thank you girls!

The Board of Directors of FPUU and the Blueberry Fair Team

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## WIONN (Welcoming Immigrants Our New neighbors) NEWS

WIONN is the recipient of this month's share the offering and will make excellent use of your donations. WIONN works hard to serve those trying to make their way as New Mainers.

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## MUUSAN NEWS

As you know, MUUSAN is our link to a statewide UU social and environmental justice advocacy initiative. One thing that has made a huge difference is the MUUSAN Legislative Liaisons. They represent most of the congregations and fellowships in Maine and act as a link between the work of MUUSAN and their congregations. They have a voluntary meeting for an hour once a week. **First Parish does not have a liaison.** I am hoping that someone will see the value in this role for both MUUSAN and First Parish and volunteer. Just get in touch with me and I will connect you and fill you in. [marylyn.wentworth@tnsk.org](mailto:marylyn.wentworth@tnsk.org)

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## Zoom Buddhist Book Group

“The brahma viharas or ‘heavenly abodes’... of Kindness, Compassion, Joy and Equanimity, cultivated skillfully, are both pathways to profound liberation and the embodiment of awakening. ~ Christina Feldman

Currently we are reading and practicing together Chapter 2, ‘Compassion’ from the beautiful book by Christina Feldman “Boundless Heart: The Buddha’s Path of Kindness, Compassion, Joy and Equanimity.”

We are meeting on ZOOM on Tuesday, September 14th.

It is not too late to join this reflective, gentle contemplative group. All are welcome. If you would like to attend, please let me know and I will send you an invite. Please shelter safely, be healthy and protected in the midst of this unprecedented time. Jaylene Summers: [jaylenesummers@gmail.com](mailto:jaylenesummers@gmail.com) or 207-985-7412.

## **Molly: Tears and Smiles**

*TO: Molly Petrik, Music Director  
FPUU, Kennebunk July 2021*

### **About Molly:**

Molly is now moving on  
Her time with us at an end  
Our tears will one day be gone  
But for now, best wishes, we'll send

The time has come, as surely it must  
We knew some day it was sure  
While in these years it was really good  
As life turns, it just could not endure

### **For Molly:**

For her future there are new plans  
Family, professional, old and some new  
In sadness, each of us understands  
That for her, it is what she must do.

### **For Others:**

Others will glow in her light  
As she takes her sweet gifts away  
Some other venue will be made bright  
By her talents and her smile every day

### **For FPUU:**

Yes, Molly may not stay in our presence  
We know that it's her time to part  
But she always will live in our essence  
In our minds, and in spirit, and in our hearts

### **To Molly:**

Wishing you well in your new goals  
As our tears gently turn into smiles  
In the big picture we'll stay kindred souls  
Over time and across distant miles

We will miss you; we love you Molly  
You are now a part of FPUU  
When doing your serious new work -- and in folly  
Give us a thought, on occasion, when you do

plbeach

# Monthly Updates from Our Committees

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## Share the Offering Collection for June 2021

COS

We would like to thank the congregation for their contributions for Share the Offering for the month of June. As a congregation we raised \$232.65 for COS.

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## Share the Offering for the Month of July and August

For the month of July and August our church Share the Offering will go to Welcome Immigrants Our New Neighbors (WIONN)

WIONN or Welcoming Immigrants our New Neighbors is a local, interfaith group that assists New Mainers in Biddeford and Saco. The intent of the group is to help families assimilate into their new culture by providing household goods, furniture, diapers, and most importantly friendship. Care Teams work closely with families as friends and neighbors. WIONN has several special funds that improve the lives of our new neighbors, including an education fund to help people attend college, a fund to assist with legal issues such as asylum, work permits, and citizenship, and a rent assistance to help with security deposits. For those of us in First Parish who are part of the Care Teams, we can attest to the value of WIONN and the satisfaction of being truly helpful to people we come to respect and love. There is always space for Care Teams if you are interested. Contact [Marylyn.wentworth@tnsk.org](mailto:Marylyn.wentworth@tnsk.org) for more information

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## Summer Services at First Parish – 9:30 AM

**Jun 20** – Tiffany Kane (online)  
**Jun 27** – The Rev. Lara Campbell (online)  
**Jul 4** – Marylyn Wentworth (online)  
**Jul 11** – The Rev. Barbara Gadon (online)  
**Jul 18** – Ian Durham (online)  
**Jul 25** – Brian Kaufman (online)  
**Aug 1** – The Rev. Lara Campbell (*in person outdoor weather permitting*) as well as online.  
**Aug 8** – The Rev. Dan Miyake (online)  
**Aug 15** – Robert (Bob) Pacitti (online)  
**Aug 22** – Mark Gallup (online)  
**Aug 29** – The Rev. Lara Campbell (*in person outdoor weather permitting*) as well as online.  
**Sept 5** – The Rev. Brian Chenowith (online)



# References

## Online Worship Service

There are three ways to join the service:

- From your phone or tablet, by downloading the zoom app. [[Apple iOS\(link is external\)](#)] [[Android\(link is external\)](#)]
- From a laptop or desktop computer [[download\(link is external\)](#)]
- By telephone (audio only) the phone number is [929 205 6099](#), meeting ID **734 887 010**. Password: **024481**.

You should have the software downloaded and installed on your device before the service starts. Our services will be available at this URL, just click to join the service! [https://zoom.us/j/734887010?](https://zoom.us/j/734887010?pwd=WWhwSzJzbi84c3YxRU1vZkJ5RG5GQT09) Description: Join Zoom Meeting [pwd=WWhwSzJzbi84c3YxRU1vZkJ5RG5GQT09](#)

The Order of Service and the Announcements are being emailed out on Sunday morning. If you are not getting the email, please contact Crystal Jones at [uukennebunkoffice@gmail.com](mailto:uukennebunkoffice@gmail.com)

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## Summer Office Hours for Staff

Lara is available to meet with you outside in person or by Zoom, and as always Rev. Lara can be reached by phone anytime. Monday's are Lara's scheduled day off so please only contact if you have an emergency.

Crystal will be in the office Wednesday and Thursday from 9am until 12pm and welcomes you to stop by if you need help with anything.

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## SHARE THE OFFERING

Share the Offering has been enhanced by your Social Justice Committee and approved by your Board of Directors. This new and more consistent approach will enable us to actively express our Unitarian Universalist values, while reaching out to a larger community.

**-HOW WILL THIS WORK?** Each month a different and approved non-profit organization will receive one half of our regular Sunday cash collection.

**-WILL WE SHARE EVERY SUNDAY FOR THE FULL MONTH?** Yes, except that July & August will be combined to allow for summer time's lower attendance.

**-WHY COLLECT EVERY SUNDAY?** We recognize that not everyone can be in church each and every Sunday or may not have their extra funds on hand. **NOTE: Due to the Pandemic's effect on gatherings/social distances, we "currently" cannot rely on personal Sunday collections, although we hope & trust to return to this approach sometime soon.**

**-WHAT IS CURRENTLY THE BEST WAY TO CONTRIBUTE?** You may mail your check payable to FPUU indicating in the check's memo section "Share the Offering". Another option is to log into website [www.UUKennebunk.org](http://www.UUKennebunk.org) and select "Plate Offering", which allow you to contribute using your credit card.

**-WHERE DOES MY PERSONAL FPUU PLEDGE FIT IN?**

Your Pledge will continue to be allocated only toward those budgeted programs and expenses which FPUU membership previously approved.

**HOW DO I RECOMMEND A NON-PROFIT AS A RECIPIENT?** Please contact Crystal ([uukennebunkoffice@gmail.com](mailto:uukennebunkoffice@gmail.com)) to receive an application. All Completed applications should be sent to back to Crystal. FMI, please contact Eva Downs; she will be happy to work with you and answer any questions.

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### Making a **"Share the Offering"** Contribution Can Be Made at Anytime!!

Contributions can be made anytime online at [www.uukennebunk.org/plate](http://www.uukennebunk.org/plate), or send or drop off a check to the church. Please put "offering" in the memo. Our mailing address is 114 Main Street, Kennebunk, ME 04043. Crystal will be in the office Wednesday through Friday from 9am until 12pm if you feel better leaving a check with her.

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### Curious About an Event That is Happening at FPUU??

Please feel free to check out the church calendar if you are searching for a certain event, or just curious as to what may be going on here at FPUU. You can find the calendar here: <https://calendar.google.com>.

# *Outreach Services*

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## **Community Outreach Services - COS**

COS offers assistance: food, fuel and many other things, to our neighbors in Kennebunk, Kennebunkport and Arundel. To make an appointment:

- 1) Contact the General Assistance officer of your town or
- 2) Call-207-985-6069 or
- 3) Go online to <https://calendly.com/cosfoodpantry/foodpantryvisit> to select a 10-minute time slot. After you confirm your time you will be forwarded to a website to provide COS with your Food Pantry preferences. This pantry provides fresh produce, meats and dairy items along with non-perishable foods such as canned goods, cereal, pasta, pet food, household items, etc.

You may pick up your food during your scheduled appointment time at the COS Food Pantry, 19 Park Street in Kennebunk (driveway to the left behind the playing fields).

Appointments can be made for Mondays 12pm-3pm, Tuesdays and Thursdays 3pm-6pm and Fridays 10am-1pm.

To donate food to COS: "Nonperishable food items can be placed in the bin near the entrance to Hannaford, Kennebunk, or in the bin at the COS location, 19 Park Street, Kennebunk (behind the playing fields and playground) Thank you!"

To donate funds to COS - 2 ways: 1) through the website: [coskennebunks.org](https://coskennebunks.org). or 2) by check to COS, P.O. Box 1175, Kennebunk, ME 04043. Again, thank you!

For more information, contact Kathe Wright, church representative to COS

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## **No Place Like Home**

No Place Like Home, a volunteer group started by Molly Hoadley, is offering to run errands for older adults at no cost. Call 558-2270 and leave a message. Someone will get back to you. We have a small cadre of volunteers willing to help. Stay safe.



# Funding Opportunity

## Clynk Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** bags in the "milk box" on the porch for you to pick up and fill. The box is right by the side door on the porch, by the entrance door.

Here is the Clynk website for more information: <https://www.clynk.com>

## Spiritual Growth Opportunities!

- **Buddhist Sangha - Ripples of Peace** "In the tradition of Thich Nhat Hanh" Online Zoom - Tuesdays, 5:15- 6:45 p.m., Beginners Welcome! A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by a reading by a Buddhist teacher and discussion. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, [sjpk@roadrunner.com](mailto:sjpk@roadrunner.com) for zoom link and info.
- **Buddhist Book Group** on Zoom the second Tuesday of the month, from 3:00-4:30pm. We are reading and practicing together Chapter 2, 'Compassion' from the beautiful book by Christina Feldman "Boundless Heart: The Buddha's Path of Kindness, Compassion, Joy and Equanimity." All are welcome. FMI: Jaylene Summers: [jaylenesummers@gmail.com](mailto:jaylenesummers@gmail.com) or 207-985-7412.
- **Embracing Aging:** Moment to Moment is a thoughtful, provocative discussion group open to any senior who is interested in sharing the aging journey with others. We will be meeting by Zoom on the first and third Wednesdays, March through May, from 4:00 to 5:30 PM. Contact Helen Rousseau at [hrousseau@roadrunner.com](mailto:hrousseau@roadrunner.com) or 207-332-0046.
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe Wright 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Small Group Ministry:** Small Group meets on the first and third Tuesday each month from Sept. through June, in the FPUU Library, 1-3 p.m. Discussions are wide ranging, with the purpose of deepening relationships, spirituality and sharing community. Newcomers are welcome. FMI Virginia DiMarco 985-7238
- **Wednesday Meditation** This small group of meditators follows a simple practice of sharing a Buddhist reading followed by silent sitting and walking meditation at our own pace. All are welcome. Sessions are held from 5:05 to 6:35 p.m. in the church library on Wednesday throughout the church year, but occasionally must be cancelled. For more information contact Tim Ericson: 207-985-421, [timericsonmsw@gmail.com](mailto:timericsonmsw@gmail.com).
- **Early Morning Yoga: Thursday from 7-8:15 am:** moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Bring a Yoga mat and props if you have them – mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir:** Singing is a wonderful way to connect with the body and breath, mind and spirit, self and community. All levels of ability and experience are welcome! The choir meets on Thursday evenings from 7:00-8:30 from September-June, currently on Zoom. Email Molly Petrik at [uukennebunkmusic@gmail.com](mailto:uukennebunkmusic@gmail.com) if you are interested in joining or coming to a meeting!

## FPUU Staff/Leadership and Committee Contacts

### FPUU STAFF/LEADERSHIP

**MINISTER:** The Reverend Lara K-J Campbell.....207-985-3700 (church) uuKennebunkMinister@gmail.com  
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**ADMINISTRATOR:** Crystal Jones.....uuKennebunkOffice@gmail.com  
**BOOKKEEPER:** Barbara Boscia.....uuKennebunkBookkeeper@gmail.com

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