



# First Parish Voices

## Worship Services

**Sunday, May 12, at 10:30 AM**  
**Venn Diagrams – Rev Kimberley Debus**

**Church office hours:** The church office is open Monday thru Friday from 9 am to 12  
**Rev. Kimberley Debus’s office hours:** Tuesday and Wednesday from 9 am to 1 pm, and Thursday 12 pm to 5 pm, or by appointment. Kimberley is always available via email or cell phone.

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## *Weekly Update*

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### **Rev Kimberley Debus Schedule**

While Rev. Kimberley will not be staying in Kennebunk full-time, she will be present for worship services, meetings, and appointments in May (5/10 - 5/14). Rev. Kimberley can be reached at (518) 423-1964 and by email at [uukennebunkRevDebus@gmail.com](mailto:uukennebunkRevDebus@gmail.com).

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### **Greeter Coordinator Needed for the summer**

Would you be willing to coordinate greeters for the summer? This is an important job, as the greeter has the first contact with new- comers (and potential new members) attending our church service. If you are interested or would like more information, please contact Nancy Dorn at 985-2027.

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### **Ushers Needed!**

Ted Trainer is calling for ushers for all the Sunday services thru May. He will be out of the country for most of May and would like to have all the dates filled before he leaves. Please sign up on the Usher sheet in the Parish Hall.

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### **Nominating Committee**

The Nominating Committee is announcing the opportunity for members of the First Parish Church of Kennebunk to serve in upcoming leadership positions.

Interested members should look at the job descriptions on the church website and let a member of the Nominating Committee know of their desire to serve.

The open positions are as follows: Two Board of Director positions, a 3-year team, one clerk position, a 1 year position, one Moderator, a 1 year position, and one Northern New England District delegate, a 1 year position.

Thank you from the Nominating Committee – Eva Downs, Molly Hoadley, Beth Anderson, and Ted Trainer

## **Dress-up & Dancing with the Goddess**

Join Women for All Seasons Tuesday, May 14 for a fun evening connecting to our Goddess selves. You are invited to bring an image of your favorite Goddess for the altar, and any goddess clothing or headpieces you want to wear or share. There will be plenty of dress-up stuff available, along with music and mirrors so we can view our magnificent Goddess selves. We will gather in the Parlor at 6:30.

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## **INSIGHT DIALOGUE SATURDAY MEDITATION**

**"Please Note: This is the LAST ID Meditation Practice until the fall."**

"Boundless Love and Compassion Experienced Without Attachment is Deep Wisdom." ~ Anon.

We will meet Saturday, June 8<sup>th</sup>, from 9:30-11:30am in the parlor to practice Insight Dialogue meditation together. Insight Dialogue is a fully engaged interpersonal co-meditation in the Insight meditation tradition. ALL are welcome including both those new to the practice and experienced folk. If you Are NEW, please contact me for some guidance before attending. Thank you. Please join us. Jaylene Summers 207-985-7412.

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## **♪♪♪ Song Swop ♪♪♪**

The purpose of the SONG SWOP is to have fun sharing music together. We meet on the second Friday of every month from 7 - 9pm in the Parlor. The next one is Friday, May 10th, from 7 - 9pm. Both performers and listeners of all ages are welcome. Acoustic instruments only please. Light refreshments available. Suggested Donation \$3. FMI contact Bruce Childress at [bruce@bcpipes.com](mailto:bruce@bcpipes.com) or Rich Gaito at [captgainto@gmail.com](mailto:captgainto@gmail.com)

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## **Buddhist Book Discussion Group**

"The path of cultivating immeasurable kindness is a training of the heart and a commitment of intention". ~  
Christina Feldman

This monthly group meets Tuesdays 3-4:30pm in the Library at FPUU. The Upcoming meeting is; Tuesday MAY 14th. (and June 11). Currently we are reading, discussing and practicing together "Boundless Heart: The Buddha's Path of Kindness, Compassion, Joy and Equanimity" by Christina Feldman. You may join us at Any time. Complimentary Books are available.

We are currently reading Chapter One, "Immeasurable Kindness". We are an evolving group, co-creating this sacred space together. Please join us as ALL are Welcome! FMI please contact Jaylene Summers; [jsummers@roadrunner.com](mailto:jsummers@roadrunner.com) or 207-985-7412

## **Jewelry for Blueberry Fair**

It's time again to clean out all your unwanted jewels! If you have jewelry you would like to donate to our Blueberry Fair please drop it by the back room in the office. We have created a mailbox for all jewelry. If you have any questions please feel free to contact Karen Tolstrup at [kdtolstrup@gmail.com](mailto:kdtolstrup@gmail.com), as Karen will be getting it all ready for the sale.

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## **The Power of Our Shared Ministry**

Each of us at First Parish Unitarian Universalist Church shares in the total ministry of our church and works to ensure its continued health and well-being. The Committee on Ministry, composed of our minister and five members is charged with the responsibility of monitoring and helping to support the minister, the members, and the congregation as a whole.

As part of that responsibility, the Committee of Ministry is highlighting examples of shared ministry in action, both the small, often unseen acts and the larger, more public ones and is including a way for you to get involved if you're interested.

An act that may be unseen to members of the congregation but can be both large and public is the service Susan Jack provides as Wedding Coordinator for couples wishing to book our church building as a wedding venue. To date Susan has coordinated fifteen weddings and one vow renewal service. Acting as a liaison with the couple, she provides an initial tour, helps them plan the ceremony, provides the set-up for the rehearsal and wedding, manages the wedding party and photographer, receives the flowers, shepherds the guests, and cues the bridal party to begin the ceremony. She also maintains the pristine white tablecloths for any reception at the church afterwards and suggests ways to best deal with the layout and location of the church.

If you'd like to help or perhaps even consider being Wedding Coordinator Apprentice, please contact Susan Jack. We are grateful to each of you for being a part of our shared ministry.

Members of the Committee on Ministry: Cathy Fellenz and Ann Boyce, cochairs, Paul Beach, Patrick Conner and Andrea Rohde

## Happy 200th Birthday Religious Education!

On May 16, 1819 Reverend Nathaniel Fletcher, second minister of the then Second Congregational Parish in Wells founded, with the assistance of John Law and Daniel Sewell, the first Sunday School Maine. He got the idea from a visit to a church in Portsmouth, N.H. A notice in the Kennebunk Gazette invited people to send their children for religious instruction. Since at the time, it was the only church in town, children of any denomination were welcome. It was a huge success as there were 216 children signed up necessitating the recruitment of 30 teachers.

Miss Olivia Emerson was one of the first teachers. Some of her comments: “Daniel Thompson is my best boy. He is regular in attendance, listens attentively. Horace Young is regular in his duties, but, like all the rest, is deficient in that which we most wish to impress upon him. Moody Couliard has several times shown disposition to rebel.”

By January in 1829 teacher William Lord could report: “Class No. 17 have generally recited their lessons well. Horace Porter and Henry Smith at times need correction. Horace Hubbard has generally the best disposition, however he is not without his faults. I have every reason to hope as they come forward in life, they will do away with their faults and make useful members of society.”

For a sample of thinking about religious instruction for children in those early days, I give you a brief sample of a very long disquisition from Rev. George Wells, 3rd Minister 1827-38. “Another important consideration, one which may well be mentioned here, is Prayer. What is more calculated to incite devotional feeling in the heart of a child as a knowledge of the wisdom and goodness of its Creator? Impressed as it may be, how conceivable that it should give utterance to its thoughts and feelings, and what form would so naturally suggest itself as Prayer.”

By the first half of the 20th century the Sunday School functioned independently and increasingly, the children developed a social awareness of their own. In April of 1938 all children of the Church School signed a letter congratulating the Children of the First Unitarian Society of Marietta, Ohio on being the first Unitarian Society founded in the Northwest Territory by pioneers from New England. In 1962 the Liberal Religious Youth group formed. David Clark, a senior at Kennebunk High was the first President. He was followed in that role by Peter Burr who has done much of the historical research upon which this column relies. The LRY became an attractive option for all the local teens, culminating in the 'Heretic Coffee House' which met in the church basement.

Jumping forward to the 1982-83 RE season the calendar of events included overnights for 9-12-year olds, beach picnic at Goose Rock, Halloween for UNICEF, Christmas pageant, Chinese New Year Celebration, Spaceship Earth ecology month, Easter/Passover celebration, and Flower Communion. Certainly one of the strengths through time has been the ability for the Sunday School/RE to change with the times and offer what the children and young adults need. We have good reason to be proud of our RE instructors and the children that come here to learn about an ethical and humane life. (there are a couple of photos on the From the Archives gallery in the hallway)

## MUUSAN Spring Conference

**FREE! REGISTER NOW!**

### **MUUSAN SPRING CONFERENCE & Annual Meeting Saturday, May 11, 2019 9:30-2:30, lunch provided**

**UU Community Church of Augusta**

**69 Winthrop Street, Augusta, ME 04330**

**9:00 - 9:30 Registration/Meet & Greet**

**9:30-2:30 Worship, Keynote Panel, Issue Groups Breakout, Lunch and Connecting, Annual Meeting, MUUSAN Review and Looking Forward**

This is our year! With a new legislature and governor, the State House hums with optimism and a culture of civility. MUUSAN members look forward to being able to successfully move the bills we have endorsed forward.

Join us to hear a panel of legislators, who are connected to Unitarian-Universalism, discuss the process and share their priorities for the State of Maine's 129th Legislature.

**The social justice work of MUUSAN and our Maine UU churches and members will prevail if we continue the hard work, the holy work, of showing up. Join us as we gather together to live our faith in action.**

***PLEASE REGISTER by Thursday, May 9TH  
as that helps us plan food and materials.  
invite friends and churchmates.***

***HOPE TO SEE YOU THERE!***

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For more information about Maine Unitarian Universalist State Advocacy Network, please visit [our website](#) or email at [admin@muusan.org](mailto:admin@muusan.org)

## Kyle Carey Concert Here at First Parish!

The First Parish Unitarian Universalist Church of Kennebunk presents

### *An Evening with Kyle Carey*

—'Gaelic Americana' singer songwriter.

Performing at the First Parish Unitarian Universalist Church, 114 Main  
St. Kennebunk, Friday, May 17th at 7:00 p.m.



Kyle Carey's unique trans-Atlantic fusion includes influences of the American Folk Anthology, the traditional music of Cape Breton, Ireland and Scotland, and the Appalachian poetry of Louise McNeill. A fluent Scottish Gaelic speaker, Kyle has released three albums— all critically acclaimed, and all a direct and compelling expression of her distinctive 'Gaelic Americana' sound.

Tickets are \$15.00 and can be purchased via  
[www.kyleannecarey.com](http://www.kyleannecarey.com) , [www.eventbrite.com/e/an-evening-with-gaelic-americana-artist-kyle-carey-tickets-60415975810](http://www.eventbrite.com/e/an-evening-with-gaelic-americana-artist-kyle-carey-tickets-60415975810) &  
[www.uukennebunk.org](http://www.uukennebunk.org)

Tickets will also be available at the door. Doors open at 6:30 p.m. and the show begins at 7:00 p.m. More information:  
[www.kyleannecarey.com](http://www.kyleannecarey.com) & [www.uukennebunk.org](http://www.uukennebunk.org)

## **Caring Committee**

The Caring Committee of the church has set up a program for church members and friends. The program provides transportation to medical appointments and to church services.

Beth Andersen and Kathe Wright are co-coordinating these rides. We need more drivers for this service. If you can volunteer to provide these rides, contact Beth Andersen at 985-7218.

People requesting rides to medical appointments or to Sunday services should call Andrea Rohde at 985-3517 during Reverend Lara's Sabbatical. Andrea will contact either Kathe or Beth to make arrangements with volunteers for rides.

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## **Sermons Can Be Found On-Line**

You can listen to past sermons online! Go to [uukennebunk.org](http://uukennebunk.org), click on the 3rd box on the left side "Latest Sermon: Audio" or if you want to check the archives " View all sermons in our archive" So... if you missed a week or want to hear a particular sermon again you can!

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## **Caring for our neighbors**

Our collection of toiletries for the needy will continue as the year goes on. Look for the bin in the Parish Hall. Ginny DiMarco and Arlene Horn will deliver our gifts to the Sanford UU Church, which distributes them. Thank you for your generosity!

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## **Do you Need A Copy of The Newsletter?**

Paper copies of the current Church Newsletter are available for those who do not use email. They may be found on the Welcome Table in the Parish Hall. They are also available by mail. Please contact Crystal Jones, Office Administrator, to be put on the list.

# Funding Opportunities!

## ClynK Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** deposit barrel in the kitchen. If you have more than you can carry, take home your very own green bag. The new Clynk bags are in the black filing cabinet to the right of the stage behind the back curtain.

Here is the Clynk website for more information: <https://www.clynk.com>



**Do you shop at Hannaford?**

**Easy Fundraiser!**

**For every \$1000 our community spends, Hannaford will award our church \$50!** If you shop at Hannaford, even a small amount, consider participating in this easy fundraiser.

Here's what you need to do...

**If you are NEW to the program** - Leave a check, made out to "FPUU" in the amount of \$5- 450, with "Hannaford" on the memo line, in the locked box of the church office door. We will leave a blank Hannaford gift card for you at the church.

**To ADD money to your card** - Leave a check, made out to "FPUU" in the amount of \$5- 450, with the four digit "PIN" from the back of your Hannaford Gift Card, on the memo line, in the locked box of the church office door.

If the total order amount is at least \$1000 we will send you an email telling you when the money will be credited to your card.

Deadline to submit checks: Monday evenings by 5 pm.

Email [FPUUHannaford@gmail.com](mailto:FPUUHannaford@gmail.com) if you have questions. Thanks! Rev. Lara, Eva and Myrna

# *Spiritual Growth Opportunities!*

- **Embracing Aging:** Moment to Moment is a thoughtful, provocative discussion group open to any senior who is interested in sharing the aging journey with others. This group will meet on Wednesdays, every other week from 4:00-5:30pm in the Parlor. The contact person is Helen Rousseau at hrousseau@roadrunner.com of 207-332-0046. If you are Aging you are Welcome! Please Join us!
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe Wright 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Women's Group Ministry** Women's Group Ministry will meet on the first and third Tuesday of each month, Sept. thru June, the group meets in the FPUU Library 1-3 p.m. The purpose is to deepen relationships and spirituality, and to share community through discussion, in a safe environment. Newcomers welcome. FMI Virginia DiMarco at 985-7238.
- **Meditation:** A small group meets every Wednesday from 5:05-6:30 p.m. in the Library from September through June, or during the winter, in the Chapel. Our practice is simple. We begin with a brief check-in and reading. Then we practice silent sitting and walking meditation at our own pace. Please contact Vicki Adams 207-216-3890 or Tim Ericson 207-985-4211, for more information. All are welcome.
- **Early Morning Yoga: Thursday from 7-8:15 am:** Start your day with a moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Wear comfortable clothes that allow movement. Bring a Yoga mat and props if you have them – there will be mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir:** September to June. All are welcome!
- **An affiliated group “Ripples of Peace” Buddhist Sangha: Tuesdays, 5:15- 6:45 p.m,** in the Children's Chapel – Beginners Welcome! A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by a reading from a Buddhist teacher. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, [sjk@roadrunner.com](mailto:sjk@roadrunner.com) for info.

## **FPUU STAFF/LEADERSHIP**

**MINISTER:** The Reverend Lara K-J Campbell.....207-985-3700 (church) [uukennebunkminister@gmail.com](mailto:uukennebunkminister@gmail.com)  
**DIRECTOR OF RELIGIOUS EDUCATION:** Emily C. Jones.....[uuKennebunkDRE@gmail.com](mailto:uuKennebunkDRE@gmail.com)  
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**BOOKKEEPER:** Barbara Boscia.....[uukennebunkbookkeeper@gmail.com](mailto:uukennebunkbookkeeper@gmail.com)

## **BOARD OF DIRECTORS: 2018 – 2019 program year**

**CO-CHAIR:** Daniel MacDonald.....[daniel@doornorth.com](mailto:daniel@doornorth.com)  
**CO-CHAIR:** Amy Wood.....[amywood@amywoodpsyd.com](mailto:amywood@amywoodpsyd.com)  
**VICE CHAIR:** Wayne White.....[wwhite911@aol.com](mailto:wwhite911@aol.com)  
**CLERK:** Kerry Hoag.....[kerryhoag1@gmail.com](mailto:kerryhoag1@gmail.com)  
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