



# *First Parish Voices*

**Online Worship Services**  
**Sunday, May 9th, at 10:30 AM**  
**Planning Parenthood**  
**Rev. Lara Campbell**  
[www.uukennebunk.org](http://www.uukennebunk.org)

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# Weekly Updates

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## "Our UU Principles"

"A free and responsible search for truth and meaning" is the 4th principle of our UU denomination. What does this mean? A "free search" means that this church does not dictate to us what our beliefs should be, nor does our church dictate where, what sources, we should use in our search. A "responsible search"... We ourselves are responsible for own searching and spiritual growth. In UUism there is no set curriculum for our journey to truth and meaning, no quizzes or tests ...other than life itself. Submitted by Kathe Wright

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## AUCTION NEWS



Thursday at Midnight is the VERY END of the Auction. We are ever so close to meeting our Goal. There are great Mother's Day gifts, chances to spend time with friends at picnics, or BBQ or Crawfish Bake, or Piano Bar. Remember to register to bid and get yourself an account so it all works. Just go to [UUKennebunk.org](http://UUKennebunk.org) under Events and click on Auction 2021.

On Saturday, May 8 from 10-2 is pick up time if you are notified, you are a winner. Also, we will have items not bid on up for sale - "Buy Now." If you bid on any of the events you can pick up your ticket on Saturday.

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## Annual Blueberry Fair Is Back!!

Save the Date - Saturday, July 24th is the annual Blueberry Fest held outside the church. This year the community crafters will return though not so crowded as in years past. There will be good things to eat plus blueberry pies - by slice or whole to buy. Good drinks.

This year we are setting up a UU blueberry craft booth with all thing's blueberry - small paintings, notebooks, aprons, washcloths, earrings, etc. If anyone has items to part with that have a specific blueberry theme, they are welcome. Give some thought if you might create something to sell - notecards, small creations. If you have any questions, please contact Ginny Lawrence 604-9227. Thanks!

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## Send Rev. Lara photos...by Wednesday May 12<sup>th</sup>



Our service on 5/16 will focus on the spiritual practice of discovering things that have been there all along. Please send Rev. Lara photos of things that you have discovered. It could be a flower that you never noticed bloom, the shape of an animal in the wood grain, a rock that looks like heart. Email them to [uukennebunkminister@gmail.com](mailto:uukennebunkminister@gmail.com) by 5/12.

## Women for All Seasons

Join the Women for All Seasons as we explore *'the paths and patterns we follow as we move through the world'*, with facilitator Mary Gelfand. Participants will need paper and pencil. We meet on Tuesday, May 10 at 6:30 - 8 p.m. All women are welcome. Please do your best to sign onto Zoom by 6:25. It is the same link as previous gatherings. If you are new, and would like the link, please don't hesitate to contact me! Thank you, and hope to 'see' you Tuesday! Mary Gelfand, current WFAS Coordinator – [marygelf@gmail.com](mailto:marygelf@gmail.com)

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## Nominating Committee

The Nominating Committee is announcing the opportunity for members of First Parish Church of Kennebunk to serve on the Board of Directors. There are two openings. These are 3-year commitments. Interested members should look at the job description on the church web site and let a member of the Nominating Committee know of their desire to serve by May 9th.

Nominating Committee: Eva Downs, Beth Andersen, Joan O Hara, Ted Trainer

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## Summer Online Worship Leaders Needed

Do you have a something you'd love to share with the Church community? There are still several opportunities in the summer Sunday schedule for you to share your story, your spiritual journey or your message in the form of a Sunday Morning (9:30 am) Worship Service.

If you have never done this, or are not sure about doing it on zoom, have no fear - . There will be plenty of support, suggestions and help from us. Please contact a member of the Worship Committee - We look forward to hearing from you soon. Merideth Norris (chair) ~ [witchdr910@aol.com](mailto:witchdr910@aol.com), Bob Lown ~ [bpdown@roadrunner.com](mailto:bpdown@roadrunner.com), Susie Desantis ~ [naturalsuki@yahoo.com](mailto:naturalsuki@yahoo.com), Ted Trainer ~ [tedtrainer40@gmail.com](mailto:tedtrainer40@gmail.com), Tom Veronesi ~ [tomveronesi@gmail.com](mailto:tomveronesi@gmail.com)

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## Pathways to Healing & Regeneration



**WHEN:** March 20th through May 23rd

**THEME:** Pathways to Healing & Regeneration

*When you imagine pathways to personal, social and ecological healing and regeneration, what do you see? Who is with you on your journey? What transforms and gives way to new beginnings? Who and/or what are you accountable to along the way?*

UU Ministry for Earth invites you to participate in *Spring for Change – A Season of Sacred Activism*, to explore these pressing questions on a faith journey and sacred practice of learning, reflection, practice, & action. The *Spring for Change* program is designed for individuals, families, and entire faith communities to engage in together. <https://www.uumfe.org/resources/spring-for-change-2021/>

## **Jewelry for Blueberry Fair and Fall Yard Sale**

We are beginning to collect unwanted, saleable jewelry for the Blueberry Fair and fall yard sale. Please start going through your stuff and bring it to the church on the days Crystal is there, Wed - Friday mornings, 9am to 12pm. Thank you, Karen Tolstrup

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## **Zoom Buddhist Book Group**

“The brahma viharas or ‘heavenly abodes’... of Kindness, Compassion, Joy and Equanimity, cultivated skillfully, are both pathways to profound liberation and the embodiment of awakening. ~ Christina Feldman

We are meeting on ZOOM on Tuesday, May 11th. Currently we are reading and practicing together Chapter 2, ‘Compassion’ from the beautiful book by Christina Feldman “Boundless Heart: The Buddha’s Path of Kindness, Compassion, Joy and Equanimity.”

Upcoming dates are June 8, July 13, August 10,

It is not too late to join this reflective, gentle contemplative group. All are welcome. If you would like to attend, please let me know and I will send you an invite. Please shelter safely, be healthy and protected in the midst of this unprecedented time. Jaylene Summers: [jaylenesummers@gmail.com](mailto:jaylenesummers@gmail.com) or 207-985-7412.

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## **WIONN (Welcoming Immigrants Our New neighbors) NEWS**

WIONN Provides scholarship aid for immigrants who are trying to better themselves and their families lives through education. We have assisted 3 people to attend college thus far and would like to help more. If you wish to donate to the Education Fund of WIONN, just mail a check to Christ Church, 32 Garden St. Wells ME 04090 and mark it for the education fund. Thanks.

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## **MUUSAN Network Meeting**

*May 8th, 2021*

*10:00am-12:00pm via Zoom*

*Crossing the Finish Line*



Guest Speaker Senator Cathy Breen  
Register by going to MUUSAN.org

# *Monthly Updates from Our Committees*

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## **Share the Offering Collection for April 2021**

Ministerial Discretionary Fund

We would like to thank the congregation for their contributions for Share the Offering for the month of April

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## **Share the Offering for the Month of May**

Wabanaki REACH

Wabanaki REACH seeks to build a broader and stronger community of non-Native people who understand the long-term impact of historical harms done to indigenous people since first contact, centuries of governmental policies intended to eliminate “the Indian problem,” and present-day systems that provide advantages to the dominant culture. When people more deeply understand what happened, they wish to be a part of writing a different history for our grandchildren.

REACH’s Educational Presentations provide an opportunity for non-native people to learn about the shared history of Maine and Wabanaki people. Faith communities, workplaces, schools, civic, peace, justice and political groups are coming forth to learn, understand and appreciate our collectively shared truth.

You can learn more about Maine Wabanaki REACH at <https://www.maine-wabanakireach.org>

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## **Invitation to join the Wednesday Evening Discussion group**

“The most important record of religious history resides not in books and sacred texts but buried in the earth.” This series of lectures by Prof. John Hale of the University of Louisville, uses archaeology to find and interpret ancient artifacts related to civilizations that existed before a written language or civilizations that were among the first to record information. Today’s technology has unearthed a lot more information about ancient places than was available when most of us went to school. The interpretation of artifacts is still open for discussion; not all conclusions can be proven.

Our next few topics are listed below. You are welcome to join the group discussion for any or all topics.

Wednesday, May 19

Oracle Bones in Ancient China

Group members view the lectures ahead of time at their own convenience and the group meets on ZOOM for a discussion. We meet at 7:00 pm on the listed Wednesdays. If you are interested, please contact Ruth Stackpole at [paws8@roadrunner.com](mailto:paws8@roadrunner.com) and I will get things set up for you.

## **Choir Notes**

Submitted by Eva Downs

Spring is in the air and the choir is preparing to sing a beautiful arrangement of “The Unsung Song” by Samara Jade. This song reminds us to open ourselves, to hear and see the beauties of the world around us It's been here all along, every moment, every day.

### **LISTEN TO THE MUSIC**

by anon

#### **Listen**

Listen to the music

Listen to the songs of children chanting  
their joy of friendship and the wonder of living  
to the rhythm of a jump rope in the school yard

Listen to the silence of the wilderness  
carried on a forest breeze  
that sings of dappled sunlight  
in a hidden vernal glade

Listen to the young man  
in a T-shirt and white apron,  
humming to himself  
as he washes pots and pans in the hotel kitchen  
dreaming of his girlfriend

Listen to the young mother,  
singing a lullaby  
to her baby as she sits in the air terminal  
waiting for the call to board

Listen to the little girl at the water's edge,  
singing to herself a story-song about  
the princess who lives in the castle she is creating

Listen to the midnight howls of coyotes,  
singing the songs of their ancestors,  
challenging the presence of humankind  
in a world that belonged to them.

Listen to the music,  
Listen



## From the Archives

Submitted by Karen Tolstrup

During the period intervening in the years 1822-5, marked unrest prevailed in the Religious world, new Societies were forming, even hereabout. Various persons joined the "Union" or present Congregational Society. (1818) In 1826-31, eighty-eight persons filed certificates to be exempt from taxation in this the First Church.

Rev. Nath'l H. Fletcher conducted a considerable farmstead a half mile W. of the village, upon the now W. Kennebunk way, the roadside there being fenced with the age-old, bleached roots of primeval pines removed from the intervale below, and which an uninitiated W. Indian visitor hitherward long since, judged to be carven work, rather than nature's handicraft. The worthy minister on one occasion suffered loss from pilfering in his garden by some disrespectful person, whom when apprehended, Rev. Mr. Fletcher invited to "Come again", but making his wants for vegetables known to him, and he would be only too well pleased to supply him. Our former Pastor was surely correct in the "Fundamentals", upon which so much stress is now laid, in that, he returned good for evil in this instance.

The contrast between the transportation methods of then and now is patent indeed, for when Rev. Mr. Fletcher removed to the Westward near 1830, he departed hence in his own private carriage with his family, but his household goods were transported in an equipage drawn by oxen, and which their owner accompanied for some few miles on their far journey to be assured that the

*OUTRIG were Sufficient.*

# References

## Online Worship Service

There are three ways to join the service:

- From your phone or tablet, by downloading the zoom app. [[Apple iOS\(link is external\)](#)] [[Android\(link is external\)](#)]
- From a laptop or desktop computer [[download\(link is external\)](#)]
- By telephone (audio only) the phone number is [929 205 6099](#), meeting ID **734 887 010**. Password: **024481**.

You should have the software downloaded and installed on your device before the service starts. Our services will be available at this URL, just click to join the service! [https://zoom.us/j/734887010?](https://zoom.us/j/734887010?pwd=WWhwSzJzbi84c3YxRU1vZkI5RG5GQT09) Description: Join Zoom Meeting [pwd=WWhwSzJzbi84c3YxRU1vZkI5RG5GQT09](#)

The Order of Service and the Announcements are being emailed out on Sunday morning. If you are not getting the email, please contact Crystal Jones at [uukennebunkoffice@gmail.com](mailto:uukennebunkoffice@gmail.com)

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## Office Hours for Staff

Rev. Lara will hold office hours Wednesday and Thursday from 9am until 12pm, or by appointment. Lara is available to meet with you outside in person or by Zoom, and as always Rev. Lara can be reached by phone anytime. Monday's are Lara's scheduled day off so please only contact if you have an emergency.

Crystal will be in the office Wednesday through Friday from 9am until 12pm and welcomes you to stop by if you need help with anything. She will be working from home Monday and Tuesday, so will receive emails and phone messages.

Molly will hold online office hours: Tuesday 10:30-12:00, Wednesday 1:00-3:00 and Thursday 5:00-7:00, or by appointment - Monday, Thursday, Friday.

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## Making a “Share the Offering” Contribution Can Be Made at Anytime!!

Contributions can be made anytime online at [www.uukennebunk.org/plate](http://www.uukennebunk.org/plate), or send or drop off a check to the church. Please put “offering” in the memo. Our mailing address is 114 Main Street, Kenneunk, ME 04043. Crystal will be in the office Wednesday through Friday from 9am until 12pm if you feel better leaving a check with her.



## SHARE THE OFFERING

Share the Offering has been enhanced by your Social Justice Committee and approved by your Board of Directors. This new and more consistent approach will enable us to actively express our Unitarian Universalist values, while reaching out to a larger community.

**-HOW WILL THIS WORK?** Each month a different and approved non-profit organization will receive one half of our regular Sunday cash collection.

**-WILL WE SHARE EVERY SUNDAY FOR THE FULL MONTH?** Yes, except that July & August will be combined to allow for summer time's lower attendance.

**-WHY COLLECT EVERY SUNDAY?** We recognize that not everyone can be in church each and every Sunday or may not have their extra funds on hand. **NOTE: Due to the Pandemic's effect on gatherings/social distances, we "currently" cannot rely on personal Sunday collections, although we hope & trust to return to this approach sometime soon.**

**-WHAT IS CURRENTLY THE BEST WAY TO CONTRIBUTE?** You may mail your check payable to FPUU indicating in the check's memo section "Share the Offering". Another option is to log into website [www.UUKennebunk.org](http://www.UUKennebunk.org) and select "Plate Offering", which allow you to contribute using your credit card.

**-WHERE DOES MY PERSONAL FPUU PLEDGE FIT IN?**

Your Pledge will continue to be allocated only toward those budgeted programs and expenses which FPUU membership previously approved.

**HOW DO I RECOMMEND A NON-PROFIT AS A RECIPIENT?** Please contact Crystal ([uukennebunkoffice@gmail.com](mailto:uukennebunkoffice@gmail.com)) to receive an application. All Completed applications should be sent to back to Crystal. FMI, please contact Eva Downs; she will be happy to work with you and answer any questions.

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## Curious About an Event That is Happening at FPUU??

Please feel free to check out the church calendar if you are searching for a certain event, or just curious as to what may be going on here at FPUU. You can find the calendar here: <https://calendar.google.com>.

# *Outreach Services*

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## **Community Outreach Services - COS**

COS offers assistance: food, fuel and many other things, to our neighbors in Kennebunk, Kennebunkport and Arundel. To make an appointment:

- 1) Contact the General Assistance officer of your town or
- 2) Call-207-985-6069 or
- 3) Go online to <https://calendly.com/cosfoodpantry/foodpantryvisit> to select a 10-minute time slot. After you confirm your time you will be forwarded to a website to provide COS with your Food Pantry preferences. This pantry provides fresh produce, meats and dairy items along with non-perishable foods such as canned goods, cereal, pasta, pet food, household items, etc.

You may pick up your food during your scheduled appointment time at the COS Food Pantry, 19 Park Street in Kennebunk (driveway to the left behind the playing fields).

Appointments can be made for Mondays 12pm-3pm, Tuesdays and Thursdays 3pm-6pm and Fridays 10am-1pm.

To donate food to COS: "Nonperishable food items can be placed in the bin near the entrance to Hannaford, Kennebunk, or in the bin at the COS location, 19 Park Street, Kennebunk (behind the playing fields and playground) Thank you!"

To donate funds to COS - 2 ways: 1) through the website: [coskennebunks.org](http://coskennebunks.org). or 2) by check to COS, P.O. Box 1175, Kennebunk, ME 04043. Again, thank you!

For more information, contact Kathe Wright, church representative to COS

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## **No Place Like Home**

No Place Like Home, a volunteer group started by Molly Hoadley, is offering to run errands for older adults at no cost. Call 558-2270 and leave a message. Someone will get back to you. We have a small cadre of volunteers willing to help. Stay safe.

# Funding Opportunity

## ClynK Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** bags in the "milk box" on the porch for you to pick up and fill. The box is right by the side door on the porch, by the entrance door.

Here is the Clynk website for more information: <https://www.clynk.com>

## Spiritual Growth Opportunities!

- **Buddhist Sangha - Ripples of Peace** "In the tradition of Thich Nhat Hanh" Online Zoom - Tuesdays, 5:15- 6:45 p.m., Beginners Welcome! A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by a reading by a Buddhist teacher and discussion. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, [sjpk@roadrunner.com](mailto:sjpk@roadrunner.com) for zoom link and info.
- **Buddhist Book Group** on Zoom the second Tuesday of the month, from 3:00-4:30pm. We are reading and practicing together Chapter 2, 'Compassion' from the beautiful book by Christina Feldman "Boundless Heart: The Buddha's Path of Kindness, Compassion, Joy and Equanimity." All are welcome. FMI: Jaylene Summers: [jaylenesummers@gmail.com](mailto:jaylenesummers@gmail.com) or 207-985-7412.
- **Embracing Aging:** Moment to Moment is a thoughtful, provocative discussion group open to any senior who is interested in sharing the aging journey with others. We will be meeting by Zoom on the first and third Wednesdays, March through May, from 4:00 to 5:30 PM. Contact Helen Rousseau at [hrousseau@roadrunner.com](mailto:hrousseau@roadrunner.com) or 207-332-0046.
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe Wright 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Small Group Ministry:** Small Group meets on the first and third Tuesday each month from Sept. through June, in the FPUU Library, 1-3 p.m. Discussions are wide ranging, with the purpose of deepening relationships, spirituality and sharing community. Newcomers are welcome. FMI Virginia DiMarco 985-7238
- **Wednesday Meditation** This small group of meditators follows a simple practice of sharing a Buddhist reading followed by silent sitting and walking meditation at our own pace. All are welcome. Sessions are held from 5:05 to 6:35 p.m. in the church library on Wednesday throughout the church year, but occasionally must be cancelled. For more information contact Tim Ericson: 207-985-421, [timericsonmsw@gmail.com](mailto:timericsonmsw@gmail.com).
- **Early Morning Yoga: Thursday from 7-8:15 am:** moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Bring a Yoga mat and props if you have them – mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir:** Singing is a wonderful way to connect with the body and breath, mind and spirit, self and community. All levels of ability and experience are welcome! The choir meets on Thursday evenings from 7:00-8:30 from September-June, currently on Zoom. Email Molly Petrik at [uukennebunkmusic@gmail.com](mailto:uukennebunkmusic@gmail.com) if you are interested in joining or coming to a meeting!

## FPUU Staff/Leadership and Committee Contacts

### FPUU STAFF/LEADERSHIP

**MINISTER:** The Reverend Lara K-J Campbell.....207-985-3700 (church) uuKennebunkMinister@gmail.com  
**MUSIC DIRECTOR:** Molly Petrik.....uuKennebunkMusic@gmail.com  
**ADMINISTRATOR:** Crystal Jones.....uuKennebunkOffice@gmail.com  
**BOOKKEEPER:** Barbara Boscia.....uuKennebunkBookkeeper@gmail.com

### BOARD OF DIRECTORS: 2019 – 2020 program year

**CO-CHAIR:** Marylyn Wentworth.....marylyn.wentworth@tnsk.org  
**CO-CHAIR:** Wayne White.....wwhite911@aol.com  
**CLERK:** Molly Hoadley.....mollyhoadley@gmail.com  
**TREASURER:** Herve Lavoie.....hervae@roadrunner.com  
**DIRECTOR:** Alicia Soloman.....asoliman@yccc.edu  
**DIRECTOR:** James Thompson.....jethompson33@aol.com  
**DIRECTOR:** Bob Lown.....bplown@roadrunner.com

### FPUU CHURCH COMMITTEES

**HISTORIAN**.....Karen Tolstrup, kdtolstrup@gmail.com  
**FINANCE COMMITTEE**.....Herve` Lavoie-Chair, hervae@roadrunner.com  
**STEWARDSHIP COMMITTEE**.....Vacant  
**COMMITTEE ON MINISTRY**.....Alexandra McCabe-Co-Chair, alexandramccabe@mac.com  
**MEMBERSHIP COMMITTEE**.....James and Linda Thompson, jethompson33@aol.com  
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**CLOCK COMMITTEE**.....Stacy Wentworth, Paul Cochran  
**RELIGIOUS EDUCATION COMMITTEE**.....Rev. Lara Campbell, uukennebunkminister@gmail.com  
**SOCIAL JUSTICE COMMITTEE**.....Molly Hoadley Chair, mollyhoadley@gmail.com  
**WORSHIP COMMITTEE**.....Bob Lown Board Liaison, bplown@roadrunner.com  
**BLUEBERRY FAIR**.....Herve` Lavoie, [hervea@roadrunner.com](mailto:hervea@roadrunner.com) and Jacky Peters, jpkrf@roadrunner.com  
**COMMUNITY OUTREACH**.....Kathe Wright, kawright4@hotmail.com  
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**EMBRACING AGING**.....Helen Rousseau, hrousseau@roadrunner.com  
**CHOIR**.....Molly Petrik, uukennebunkmusic@gmail.com  
**PHYSICS/CHEMISTRY WORKSHOP**.....Dan MacDonald, daniel@doornorth.com and James Vesenska, jvesenska@gmail.com  
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**WOMEN FOR ALL SEASONS**.....Barbara Conner, bsconner@roadrunner.com and Kathe Wright, [kawright4@hotmail.com](mailto:kawright4@hotmail.com)  
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