



First Parish Voices

Worship Services

Sunday, November 10, at 10:30 AM

To Question is an Answer – Rev Lara Campbell

Church office hours: The church office is open Monday thru Friday from 9 am to 12
Rev. Lara Campbell office hours: Tuesday thru Thursday 9am to 12pm or by appointment. Lara is always
available via email or cell phone.

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Weekly Update

Rummage Sale Success!!

Thanks to the efforts of so many people we raised just over \$1,000 at our rummage sale. Special thanks to those who took many loads to Goodwill after the sale. If you found that there were items that Goodwill was not willing to take, please let the office know so we can put it on our 'rummage sale banned list'.

Also, we were very low on volunteers to help price items Friday afternoon. Please consider helping with that at our spring sale.

Well done everyone!

MUUSAN Network Meeting

Sat. Nov. 9 from 10:00-12:00 UU Church, Augusta

Dozens of UUs from Maine congregations marched at the recent mass meeting in Portland of the Poor People's Campaign tour. Please join us to increase momentum to do M.O.R.E. : Mobilize, Organize, Register, Educate.

Guest Speaker: Reverend Jodi. Rev. Jodi is the minister of the First Universalist Church of Auburn and also a member of the Maine Poor People's Campaign Coordinating Committee. Jodi believes in the centrality of communal worship and has been awarded the Paul Carnes Preaching Prize and Charles Billings Preaching Prize.

You can carpool with Marylyn Wentworth

Sunday Morning Discussion Group

The Sunday Morning Discussion Group will meet on Sunday, November 10th at 9:00 - 10:15 am in the library. The topic is "The Evolution of Religious Institutions" presented by Prof. Charles Kimball. All are welcome. Questions: contact Ruth at paws8@roadrunner.com

Women For All Seasons

Women for All Seasons will meet on **Tuesday, November 12** in the Library from **6:30-8:30** for the first of two programs focused on working with the MOON. Nov. 12 is the Full Moon and our evening will include meditation, chanting, inscribing candles, and discussion of the MOON. Please bring a new, unscented candle with smooth, accessible sides, i.e. not in a jar. You are welcome to bring Moon Goddess statues and jewelry to charge on the altar.

Our second November gathering, on Nov 26, will focus on the New Moon so mark your calendars. Both programs are offered by Nikki Shields and Mary Gelfand. As always, the program is open to all women and there is no charge."

Philip Gregory, Lawyer in Climate Justice Case, to Speak at Kennebunk High School

On Wednesday, November 13th, Mr. Philip Gregory of Juliana v. the United States will be presenting to interested students and community members at Kennebunk High School. Mr. Gregory is the leading attorney representing 21 students from across the nation in a case suing the United States government over global climate change. The unique court case, which was started in 2015 and continues through the federal courts today, argues the plaintiffs “have the right to life, liberty, and property” under the U.S. Constitution. These rights depend on minimizing the impact of global climate change. Mr. Gregory, who is a Bowdoin College graduate and frequent visitor to Maine, will be coming all the way from California to talk more about the specifics of the case. The event is sponsored by the KHS Environmental Club and will take place at 2:30 PM in the Kennebunk High School Economos Lecture Hall and is open to anyone, free of charge. FMI contact Bob Wuerthner - bjwuerthner@roadrunner.com, Many thanks, Bob.

Sustainable Alternative Energy Program

The Energy Task Force is working to identify at least 50 households that will consider participation in a Sustainable Alternative Energy Program in alliance with Kennebunk Light & Power District. A sign-up sheet will be provided for those interested in participating. More detailed information will be presented in the near future.

The program provides First Parish Kennebunk, member and friend households and businesses a seamless, affordable choice of electricity matching our values and position that align with our social witness statements and priorities as stated in the 2006 Statement of Conscience.

“We as Unitarian Universalists are called to join with others to halt practices that fuel global warming/climate change, to instigate sustainable alternatives, and to mitigate the impending effects of global warming/climate change with just and ethical responses.”

The electricity you will use will be generated from carbon neutral resources like wind, solar, hydro and biomass. KLPD is making every effort to source this mix of energy at the same cost as you currently pay; however, there *may be* a slight premium charge.

You will continue to receive your electricity as you have in the past, with no interruption in your service.

How To Participate:

Simply sign up to express your interest in the *Sustainable Alternative Energy Program*. There is no commitment, you can cancel at any time.

FRIDAY NIGHT MOVIE

November 22, 2019

WASTED! The STORY of FOOD WASTE

Hopefully this documentary will
change how you buy, cook and eat food.

Celebrity chefs, including the late
Anthony Bourdain, show how they make
incredible dishes out of what most people
consider food scraps and rejects.

WASTED! shows how by making small changes
we can solve one of the greatest problems of
the 21st Century.

6:30 - coffee/tea & brownies

7:00 - film followed by discussion

Co-sponsors: FPUU Social Justice Committee and

Sierra Club Maine

ALL WELCOME

Thanksgiving Potluck

Believe it or not, this year marks the 15th year for the FPUU Thanksgiving Potluck. Where did the time go? So as always, if you'll be alone on Thanksgiving and don't wish to be, or have somewhere to go but you'd rather not, please join us for the 15th Annual FPUUK Thanksgiving Potluck. I'll supply turkey, stuffing, mashed potatoes, and sweet potatoes, and maybe a pie if I feel ambitious. You bring whatever makes it Thanksgiving for you.

At the home of Ann Boyce

When: Thursday November 28 any time after 4:30 (dinner planned for 5:30 p.m.)

Where: 616 Old Post Road, Arundel

Questions or for directions:

please call 332-0830

annahboyce@yahoo.com

RSVP's nice to help figure out how many place settings. It would also be nice to let me know if possible, what you're planning to bring to prevent a recurrence of one year where we ended up with 4 (or was it 5?) pumpkin pies.

There will be enough and arriving at 5 p.m. without saying you're coming and bringing only your own sweet self really is fine.

A POTLUCK for ALL ages!!
Celebrating & Giving Thanks for Community

Saturday, November 23

6:00-8:30 p.m. or so

Parish Hall

6:00 (promptly, please!) – Put food* on buffet tables and find a seat/s

6:15 - **Eat !!**

7:00 - Easy, all-age group art activity

7:30 or so - **Drum circle for all ages!**

(Optional -bring drums, rattles, tambourines; or you can make your own percussion – instructions by sign-up sheet.) No experience needed, hand clapping is also percussion! We will explore different rhythms!

* * * * *

Please RSVP on the sign up- sheet

*in the Parish Hall on the large bulletin board. Please indicate # of adults,
of kids ages 10-16 and # of kids under age 10.*

*This will **help us!** with space & seating needs, and random supplies. Thanks!*

NOTE: *If you need a ride, please indicate that when you RSVP!*

* * * * *

***Pot Luck contribution** ☺ Ideally your food contribution could feed 6 people. (Please note if your contribution is gluten free or contains any kind of nut.)

- Main dish (casserole, quiche, soup, store bought pizza, other). **Please** bring it **hot/ready to serve**.
- Salad, or other dish (veggies, quinoa, rice). Pre-packaged is OK!
- Desserts (yay!)

**** Optional** – *in the spirit of giving thanks, consider bringing a non-perishable item or two for the local food bank!!*

We look forward to seeing you on Saturday, the 23rd!
Co-chairs Jim & Linda Thompson and Wayne & Sheri White

NEW: A PopUP Insight Dialogue Meditation

offering Saturday Nov 23, 10-11:30am off site

“Care Deeply, Live Simply, Die Joyfully”. ~ Mu Soeng

Insight Dialogue Meditation Practice will be meeting Saturday, *November 23*, (also on December 7, January 4 and February 1) ID is a fully engaged interpersonal meditation developed by Gregory Kramer. It is grounded in Insight (Vipassana) Meditation.

We will be contemplating & cultivating the beautiful qualities of Kindness, Compassion, Joy and Equanimity called the Brahma Viharas these next few months.

All are Welcome so Please Join Us. If you are *new* to this type of relational meditation practice, please contact me beforehand so that I might offer some guidance. Location is off- site. If you plan to Attend, please RSVP to jaylenesummers@gmail.com or 207-984-7412. Thank you, with Metta for All.

BUDDHIST BOOK GROUP

"The Relational Qualities of Kindness, Compassion, Joy and Equanimity are the foundation of all ethical thought, speech and action." ~ Christina Feldman

The Buddhist Book Group is meeting on Tuesday, **November 12th**, from 3- 4:30pm in the library at FPUU. We will continue reading and practicing together from page 40, Chapter 1, "Immeasurable Kindness" in Christina Feldman's beautiful book, "Boundless Heart: The Buddha's Path of Kindness, Compassion, Joy and Equanimity."

We will also meet on Tuesday, December 10, January 7, and February 18.

ALL are Welcome. Please join us as we continue co-creating this sacred space together. There is a book and a seat for you. FMI please contact Jaylene Summers 207-985-7412. Thank you.

Choir Notes



Our choir meets to harmonize and sing
to come together and have some fun

Our inspiring director, bring out the best
and we the choir do the rest

7 to 8:30pm Thursdays
No auditions required



From the Archives

November 2019

Ever wonder how we got the land we sit on? Here's the answer.

To all People to whom these presents shall come, Greetings. Know that I, Joseph Storer of Wells in the County of York, In the Province of Massachusetts Bay in New England, Esq. divers good causes me hereunto moving, but more Especially in consideration of a vote of the Inhabitants of the second Parish in said Wells, to build a meetinghouse for the more convenient Worshipping of God and set the same on a certain piece of land in my possession which they term the centre of said Parish, have given, granted, alienated, enfeoffed, conveyed and confirmed, and by these presents do freely, fully and absolutely give, grant, alienate, enfeoff, convey and confirm for the only use above said, unto the Inhabitants of said Parish, their heirs and assigns, for and during the term and time they shall continue said Meeting House or Houses on said Land as hereafter bounded, and upon their discontinuing said meeting House or Houses on said land, then do return to me or my Heirs, said land bounded as follows, being the Easterly corner of the Land I now live on, where three roads meet, and on the Northerly side of said land, being eleven rods on the front by the road, then running from the Country road North eight rods to a stump, then running East sixty degrees North sixteen rods to the Pound and Country road, then by the Country road to the first mentioned bounds.

To Have and to Hold the said granted premises with the appurtenances thereof to them the said Inhabitants, their heirs and assigns to their proper use benefit and behoof for and during the Term and time they shall continue said Meeting House or Houses on said land for the purpose above said so that neither my heirs or assigns nor any person or persons claiming from by or under me shall have any right claim Interest or demand therein anymore than either of you the said Inhabitants whatsoever. In Witness whereof I have hereunto set my hand and Seal this twenty sixth day of November in the thirteenth year of his Majesty's Reign.

Joseph Storer

Annoque Domini 1772

Signed Sealed and Delivered in the presence of

Eben Rice

James Hubbard

Note:

If you want to see a copy of the original in Joseph Storer's hand I have put one on the FROM THE ARCHIVES Bulletin Board. Also, in 1803 the sons of Joseph Storer realized that the Bequest have never been brought before a judge. The two of them each accepted a payment of \$1 from Second Parish to relinquish any claim to the land.

Sermons Can Be Found On-Line

You can listen to past sermons online! Go to uukennebunk.org, click on the 3rd box on the left side "Latest Sermon: Audio" or if you want to check the archives " View all sermons in our archive" So... if you missed a week or want to hear a particular sermon again you can!

Caring for our neighbors

Our collection of toiletries for the needy will continue as the year goes on. Look for the bin in the Parish Hall. Ginny DiMarco and Arlene Horn will deliver our gifts to the Sanford UU Church, which distributes them. Thank you for your generosity!

Do you Need A Copy of The Newsletter?

Paper copies of the current Church Newsletter are available for those who do not use email. They may be found on the Welcome Table in the Parish Hall. They are also available by mail. Please contact Crystal Jones, Office Administrator, to be put on the list.

Funding Opportunities!

ClynK Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** deposit barrel in the kitchen. If you have more than you can carry, take home your very own green bag. The new Clynk bags are in the black filing cabinet to the right of the stage behind the back curtain.

Here is the Clynk website for more information: <https://www.clynk.com>



Do you shop at Hannaford?

Easy Fundraiser!

For every \$1000 our community spends, Hannaford will award our church \$50! If you shop at Hannaford, even a small amount, consider participating in this easy fundraiser.

Here's what you need to do...

If you are NEW to the program - Leave a check, made out to "FPUU" in the amount of \$5- 450, with "Hannaford" on the memo line, in the locked box of the church office door. We will leave a blank Hannaford gift card for you at the church.

To ADD money to your card - Leave a check, made out to "FPUU" in the amount of \$5- 450, with the four digit "PIN" from the back of your Hannaford Gift Card, on the memo line, in the locked box of the church office door.

If the total order amount is at least \$1000 we will send you an email telling you when the money will be credited to your card.

Deadline to submit checks: Monday evenings by 5 pm.

Email FPUUHannaford@gmail.com if you have questions. Thanks! Rev. Lara, Eva and Myrna

Spiritual Growth Opportunities!

- **Embracing Aging:** Moment to Moment is a thoughtful, provocative discussion group open to any senior who is interested in sharing the aging journey with others. This group will meet on Wednesdays, every other week from 4:00-5:30pm in the Parlor., January thru April. The contact person is Helen Rousseau at hrousseau@roadrunner.com of 207-332-0046. If you are Aging, you are Welcome! Please Join us!
- **Women for All Seasons: 2nd and 4th Tuesdays from 6:30 -8:30 p.m.** Celebrate the cycles of nature and the season, share and discuss, get to know other women in the congregation. We meet the second and fourth Tuesdays from September through June. For more information, please contact Kathe Wright 985-6194 or Barbara Conner 229-0799. **All women are welcome. Free**
- **Small Group Ministry:** Small Group meets on the first and third Tuesday each month from Sept. through June, in the FPUU Library, 1-3 p.m. Discussions are wide ranging, with the purpose of deepening relationships, spirituality and sharing community. Newcomers are welcome. FMI Virginia DiMarco 985-7238
- **Wednesday Meditation** This small group of meditators follows a simple practice of sharing a Buddhist reading followed by silent sitting and walking meditation at our own pace. All are welcome. Sessions are held from 5:05 to 6:35 p.m. in the church library on Wednesday throughout the church year, but occasionally must be cancelled. For more information contact Tim Ericson: 207-985-421, timericsonmsw@gmail.com.
- **Early Morning Yoga: Thursday from 7-8:15 am:** Start your day with a moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Wear comfortable clothes that allow movement. Bring a Yoga mat and props if you have them – there will be mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir:** September to June. All are welcome!
- **An affiliated group “Ripples of Peace” Buddhist Sangha: Tuesdays, 5:15- 6:45 p.m,** in the Children’s Chapel – Beginners Welcome! A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by a reading from a Buddhist teacher. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, sjpk@roadrunner.com for info.

FPUU STAFF/LEADERSHIP

MINISTER: The Reverend Lara K-J Campbell.....207-985-3700 (church) uukennebunkminister@gmail.com
DIRECTOR OF RELIGIOUS EDUCATION: Emily C. Jones.....uuKennebunkDRE@gmail.com
MUSIC DIRECTOR: Molly Petrik.....uukennebunkmusic@gmail.com
ADMINISTRATOR: Crystal Jones.....uukennebunkoffice@gmail.com
BOOKKEEPER: Barbara Boscia.....uukennebunkbookkeeper@gmail.com

BOARD OF DIRECTORS: 2019 – 2020 program year

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