

First Parish News

Science is like theology in that they both require humility. Rev. Molly Brewer

Dig A Little Deeper

Rev. Lara Campbell

Online Worship Service

Sunday, Oct. 10, 10:30 AM

Click to join the service! <https://zoom.us/j/734887010?>

Or by cell phone (audio only) 929-205-6099, meeting ID 734 887 010. Password:024481. See website: uukennebunk.org for more details on how to tune in.

Women for All Seasons to Greet the Dark

All women are invited to join Women for All Seasons Tuesday, Oct. 12 at 6:30 p.m. on Zoom as we meet some of the goddesses that are associated with darkness. We will also create our own tool kits to use when needed during the dark half of the year.

Please join the zoom call by 6:25 and bring the following materials: a pen or markers, two sheets of paper, a piece of string or ribbon 48 to 54 inches long, a candle.

We will be talking about goddesses associated with the underworld and darkness. This is not a therapy group, so if you have issues with either of these, please take that into consideration before you join. FMI Kathe (kawright4@hotmail.com) or Sheila (shlittlefield@gmail.com).

First Parish Takes First Step Toward Solar!

Stacy Wentworth and Kevin Flynn have approached the Historic Preservation Commission asking for permission to install solar panels at the church. This is the latest and largest goal of our Green Sanctuary Program. The Commission granted us a permit to install solar panels on the roof facing the town library, the side that gets the most sunlight. We proposed minimizing the visual impact on the building by using black panels with black trim on a black roof. Commissioners observed that even though solar panels would not look historic, clean energy should take precedence. One said that if we don't start finding new sources of clean energy, historic buildings themselves may not survive.

To lessen our use of fossil fuels, we have finished all the low budget items that we can. Now our efforts must be more ambitious, Stacy says. We will need to have the roof inspected, get bids, a building permit, and raise funds. But getting permission from the Historic Preservation Commission was the essential first step!

Wednesday Discussion Group in Full Swing

7:00 pm on ZOOM

October 20	Decoding Rituals at Palenque (Mayan city) #18
November 3	Temple of the Goddess on Malta #19
November 17	The Aten – Monotheism in Egypt #20
December 1	Deities of the Acropolis #21
December 15	Gods and Pyramids at Teotihuacan #22

All are welcome to attend any meeting. If you are interested but are not yet attending, contact Ruth Stackpole paws8@roadrunner.com

UU Wellspring — You May Sign Up Now!

Wellspring is a 10-month Unitarian Universalist program of spiritual deepening and connection. Many in our Parish have participated over the past two years. It offers an opportunity for spiritual growth in a uniquely UU context through a curriculum-based program of daily spiritual practice; spiritual direction, study and reflection; and small group meetings. Since its development in 2005, UU Wellspring programs have been implemented in more than 26 congregations nationwide.

This year's group will start in the fall, beginning with a weekend retreat. Two-hour group sessions will be held every other week throughout the church year. Contact Rev. Lara at uukennebunkminister@gmail.com if you'd like to consider joining in.

Fabulous Food Auction

This is an on-line auction right up against the holidays for all kinds of food that the people in this congregation are famous for cooking up. It can be cookies, a takeout Mexican meal for 4, chocolate sauce, homemade jam—anything anyone can eat! We will run it just like our Spring Online Auction. The auction will be the first two weeks in November, so you have a month to get your contribution in. Please fill out this form and send it to Herve'.

Name

Item

Amount (ie take out dinner for 4, 3 dozen cookies...)

Approximate Value

A photo if you have one.

New approach for the E-Blast

You are invited to contribute to First Parish News. Articles must be relevant to First Parish and may include up to 125 words. Submit them to Crystal, at uukennebunkoffice@gmail.com by 10 AM Wednesday. If received later, your submission, if timely, will appear the following week. Vicki Adams is serving as editor.

Photos and brief write-ups about everything at FPUU

You can easily find ongoing activities and announcements on our website or Facebook page. Spiritual opportunities are also listed with our Order of Service each week, available by email. For events see our church calendar.

Website: uukennebunk.org

Calendar: www.uukennebunk.org/events

Facebook page: search for

First Parish Unitarian Universalist Church of Kennebunk

Monthly Updates from Our Committees

Buddhist Book Group

The Buddhist Book Group will no longer be meeting. I am very appreciative and grateful to all who participated. For more information, please contact Jaylene Summers, 207-251-3317.

Share the Offering

For the month of October our church Share the Offering will go to the Ministerial Fund

The Ministerial Discretionary Fund (MDF) was established to allow our minister to provide financial support to the congregation in ways that are not covered in the congregation's budget. This may take the form of providing financial assistance for congregants to attend workshops, providing charitable needs to members of the community, supporting causes that are consistent with our values or purchasing a special item of need for the congregation.

We would like to thank the congregation for their contributions for Share the Offering for the month of September. As a congregation we raised \$293.00 for No Place Like Home.

How You May Participate

Share the Offering enables us to actively express our Unitarian Universalist values, while reaching out to a larger community. Each month an approved non-profit agency will receive one half of our cash, non-pledged collection.

Each month you may:

1. Mail or drop off your check payable to FPUU Kennebunk, 114 Main Street, Kennebunk 04043. noting in the memo line Share the Offering
2. Log into our website www.UUKennebunk.org and select "Plate Offering, which allows you to contribute using your credit card.

Congregants wishing to recommend a non-profit as a recipient please contact Eva Downs.

News From the Archives

It's great fun to browse our archives. Here is a sample from over 200 years ago! ~ Karen Tolstrup

1800. July 10. At a Lecture at Mr. Gooches. 1800
Baptized Jerom^h Moor } child^s of John Bullard
Stephizibah }
Hannah }
" Luther }
George } child^s of Joseph Gooch.
Jeremiah }
Samuel }
Jerediah }

July 13. Samuel Gillypatrick rec. to full communion.
Aug^r 24. Lucy, wife of Doct^r Gooddard made a profession
of her faith before the Chh. last Sabbath, & was
there baptized.

Funding Opportunity

Clynk Bottle Redemption



What is that sound you hear early Sunday mornings in the back hall? And ever wonder why you see members carrying wine bottles around?

FPUU not only recycles, but we turn in "Maine labeled" bottles and cans for money.

We have a **Clynk** bags in the "milk box" on the porch for you to pick up and fill. The box is right by the side door on the porch, by the entrance door.

Here is the Clynk website for more information: <https://www.clynk.com>

Spiritual Growth Opportunities!

- **Buddhist Sangha - Ripples of Peace** "In the tradition of Thich Nhat Hanh" Online Zoom - Tuesdays, 5:15- 6:45 p.m., Beginners Welcome! A Sangha is a community of friends learning and practicing the teachings of the Buddha. Our weekly gatherings begin with sitting and walking meditation followed by a reading by a Buddhist teacher and discussion. The Sangha is an open gathering – come when you can, you are always welcome. Contact Sally Keene 590-0035, sjpk@roadrunner.com for zoom link and info.
- **Embracing Aging:** Moment to Moment is a thoughtful, provocative discussion group open to any senior who is interested in sharing the aging journey with others. We will be meeting by Zoom on the first and third Wednesdays, March through May, from 4:00 to 5:30 PM. Contact Helen Rousseau at hrousseau@roadrunner.com or 207-332-0046.
- **Women for All Seasons:** Join us as we honor the Wheel of the Year and the seasons of our lives. Meetings are the 2nd and 4th Tuesday each month September through June. We gather as new friends and old. All women welcome. Questions? Call Kathie Wright 985-6194 or Barbara Conner 229-0799.
- **Small Group Ministry:** Small Group meets on the first and third Tuesday each month from Sept. through June, in the FPUU Library, 1-3 p.m. Discussions are wide ranging, with the purpose of deepening relationships, spirituality and sharing community. Newcomers are welcome. FMI Virginia DiMarco 985-7238
- **Wednesday Meditation** This small group of meditators follows a simple practice of sharing a Buddhist reading followed by silent sitting and walking meditation at our own pace. All are welcome. Sessions are held from 5:05 to 6:35 p.m. in the church library on Wednesday throughout the church year, but occasionally must be cancelled. For more information contact Tim Ericson: 207-985-421, timericsonmsw@gmail.com.
- **Early Morning Yoga: Thursday from 7-8:15 am:** moderately paced Hatha Yoga class led by Patrick Conner, M.A., RYT (Registered Yoga Teacher). Come whenever you can – no attendance commitment. All experience levels are welcome. Bring a Yoga mat and props if you have them – mats available to borrow. **All adults and teens are welcome. Donations accepted.**
- **Adult Choir:** Singing is a wonderful way to connect with the body and breath, mind and spirit, self and community. All levels of ability and experience are welcome! The choir meets on Thursday evenings from 7:00-8:30 from September-June, currently on Zoom.

FPUU Staff/Leadership and Committee Contacts

FPUU STAFF/LEADERSHIP

MINISTER: The Reverend Lara K-J Campbell.....207-985-3700 (church) uuKennebunkMinister@gmail.com
MUSIC DIRECTOR: Vacant.....uuKennebunkMusic@gmail.com
ADMINISTRATOR: Crystal Jones.....uuKennebunkOffice@gmail.com
BOOKKEEPER: Barbara Boscia.....uuKennebunkBookkeeper@gmail.com

BOARD OF DIRECTORS: 2021 – 2022 program year

CHAIR: Marylyn Wentworth.....marylyn.wentworth@tnsk.org
DIRECTOR: Kim Lord.....kimlord1@aol.com
CLERK: Molly Hoadley.....mollyhoadley@gmail.com
TREASURER: Herve Lavoie.....hervae@roadrunner.com
DIRECTOR: Alicia Soloman.....asoliman@ycc.edu
DIRECTOR: Jim Thompson.....jethompson33@aol.com
DIRECTOR: Susie Desantis.....naturalsuki@yahoo.com

FPUU CHURCH COMMITTEES

PROPERTIES.....Barbara Conner, bsconner@roadrunner.com
HISTORIAN.....Karen Tolstrup, kdtolstrup@gmail.com
FINANCE COMMITTEE.....Herve` Lavoie-Chair, hervae@roadrunner.com
STEWARDSHIP COMMITTEE.....Vacant
COMMITTEE ON MINISTRY.....Alexandra McCabe-Chair, alexandramccabe@mac.com
MEMBERSHIP COMMITTEE.....Jim and Linda Thompson, jethompson33@aol.com
MUSIC COMMITTEE.....Margaret Jones Co-Chair, margaretj@maine.rr.com
NOMINATING COMMITTEE.....Eva Downs Chair, evadowns18@gmail.com
CARING CONNECTIONS.....Andrea Rohde, andrea.rohde49@gmail.com
PERSONNEL COMMITTEE.....Kevin Flynn, kevinf@ventilationcontrol.com, Jim Thompson, jethompson33@aol.com
BELL COMMITTEE&CLOCK COMMITTEE.....Stacy Wentworth, Paul Cochran
RELIGIOUS EDUCATION COMMITTEE.....Rachel Wells, rachel.biron@gmail.com, Bridget Babcock, bridget.a.babcock@gmail.com
SOCIAL JUSTICE COMMITTEE.....Molly Hoadley Chair, mollyhoadley@gmail.com
WORSHIP COMMITTEE.....Merideth Norris, witchdr910@aol.com
BLUEBERRY FAIR COMMITTEE.....Herve` Lavoie, hervea@roadrunner.com, Marylyn Wentworth, Marylyn.wentworth@tnsk.org
COMMUNITY OUTREACH SERVICES.....Kathe Wright, kawright4@hotmail.com
CHURCH SPACE RENTALS.....Vacant, uukennebunkoffice@gmail.com
WEDDING COORDINATOR.....Vacant, uukennebunkoffice@gmail.com
WED. EVENING DISCUSSION GROUP.....Ruth Stackpole, paws8@roadrunner.com
EMBRACING AGING.....Helen Rousseau, hrousseau@roadrunner.com
CHOIR.....Margaret Jones, margaretj@maine.rr.com
PHYSICS/CHEMISTRY WORKSHOP.....Dan MacDonald, daniel@doornorth.com, James Vesenska, jvesenska@gmail.com
RUMMAGE SALE.....Jacky Peters, jpkrf@roadrunner.com
MEDITATION GROUP.....Vicki Adams, vickigatesadams@gmail.com